

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Room Location Codes VL Village Lobby GR Garden Room WR Willow Room CHL Community House Lobby CHDR Community House Dining Room TC The Club O Outing IL Independent Living	9:15 Bible Study & Hymns with Roland, GR 10:15 Resident Council, CHL 10:30 Pet Visit with K-Pets 10:30 Food Committee: Sweet Potatoes, GR 11:30 Tuesday Toning, GR 1:30 Theralink Walking Club, VL 2:00 Penny Bingo with Stacy, GR 3:15 Happy Birthday Social, GR 4:30 Balloon Volleyball, WR 6:45 Visit with Moravian Church Heritage Girls, VL	9:15 Second Cup Cafe, GR 10:00 2020 Olympics: Karate, GR 11:00 Seated Yoga, WR 11:00 Band Together Exercises, TC 1:00 Pinochle with Lebanon County's Women Club, TC 1:30 Healthy Cooking Class: Flaxseed Pumpkin Mini Muffins, GR 2:30 Creating Cat Toys for Friends of All Animals, GR 4:30 Rosary, WR 7:00 Hebron Mennonite Singers, WR	9:00 Nail Care by Kathy, Beauty Shop 9:15 Bible Study, GR 9:30 Interactive iPad, GR 10:00 Visit to Humane Society, Bus Outing 11:30 Sweatin' to the Oldies, WR 1:30 Walking, VL 2:00 Making a scarecrow, GR 3:30 Perennial Players "Singing in the Rain" Rehearsal, GR 6:30 Pet Therapy with Friends of All Animals, VL	9:15 Bible Study with Norm and Hymn Sing, GR 9:45 Visit Train Garden, Bus Outing 11:00 Band Together Exercises, TC 1:00 Wii Bowling with Our EARS Friends, WR 3:00 Sing-A-Long with Friends of the Wagners, VL 4:30 Corn Hole Competition, VL 6:15 Friday Night Trivia with Bill, GR	9:15 Devotions & Brain Builders, GR 9:30 Brain Fitness: ABC Soup, GR 11:30 Chair Fitness Workout, WR 2:00 Penny Bingo, GR 3:30 Saturday Matinee, WR 7:00 Piano music with Nancy, VL
9:30 Catholic Communion with St. Cecilia's Catholic Church, WR 10:30 Volunteer Opportunity: Clip Coupons for Leb. Comm. Library, GR 11:30 Core Fitness Workout, WR 1:30 Worship Service with Rev. Hoopes, WR 2:30 Theatre Experience, WR	9:00 Appreciation Week Kick-Off Coffee & Donuts, GR 9:15 Monday Meditation with Pastor Rick, GR 10:15 Wii Bowling, WR 11:00 Mark Wine on the piano, VL 1:30 ReFresh & Theralink Balance Class, WR 2:00 Band Together Exercises, TC 2:00 Joyful Noise Bell Choir Practice, GR 3:00 Perennial Players Rehearsal, GR 4:15 Bocce, WR 6:15 Match Game, VL	9:15 Morning Meeting, GR 10:00 Nail Care with Kathy, Beauty Shop 10:15 Bible Study with St. Cecilia's, WR 10:30 Pet Visit with K-Pets 11:30 Tuesday Toning, GR 12:00 Friends & Family Oktoberfest Lunch, GR 1:30 Theralink Walking Club, VL 2:00 Oktoberfest with Bonnie Koons, VL 3:15 Penny Bingo with Stacy, GR 4:30 Balloon Volleyball, WR	9:15 Second Cup Cafe, GR 10:00 2020 Olympics: skateboarding, GR 11:00 Band Together Exercises, TC 11:00 Seated Yoga, WR 1:30 Crafting with Marsha, GR 2:30 Caregiver Support Group facilitated by UPMC, CHL 3:00 Best Friend ice cream sundaes, GR 4:00 Old Fashion Sing-Along with Nancy Hemler, WR 6:15 Shut The Box, GR	Theralink Day 9:15 Bible Study, GR 9:30 Jeopardy, GR 10:30 Wal-Mart Shopping, Bus Outing 11:00 Vitality Checks, GR 1:30 Route 66 Discussion & Walking, VL 2:30 Traveling Thank You Treats, VL 3:30 Perennial Players Rehearsal, GR 6:15 Devotions with Rev. Williams, VL	9:15 Bible Study with Norm and Hymn Sing, GR 10:00 Surfing The Net: Technology in Sports, GR 11:00 Band Together Exercises, TC 12:00 New Voting Machine Workshop, TC 1:00 Wii Bowling with Our EARS Friends, WR 2:00 Autumn Leaves Window Clings, GR 4:00 Mini Golf Challenge, VL 6:00 Medicare and You presented by Don Shuey, TC	9:15 Devotions & Brain Builders, GR 9:30 Outburst, GR 11:30 Chair Fitness Workout, WR 2:00 Penny Bingo, GR 3:00 Guitar Music with Wayne & Liana, VL 7:00 Piano music with Nancy, VL
8:15 Joyful Noise Singers at Immanuel UMC, Bus Outing 9:30 Catholic Communion with St. Cecilia's Catholic Church, WR 10:30 Mindfulness Coloring, GR 11:30 Core Fitness Workout, WR 1:30 Worship Service with Rev. Hoopes, WR 2:30 Theatre Experience, WR 3:00 Pet Visit by "Holly" and Gina, VL 6:30 Sing Along Music Fun with Judy, GR	9:15 Coffee Time, GR 9:30 Act It Out, GR 10:15 Wii Bowling, WR 12:00 Juniper Gents Lunch Bunch, GR 1:30 ReFresh & Theralink Balance Session, WR 2:00 Band Together Exercises, TC 2:00 Joyful Noise Bell Choir Practice, GR 3:00 Perennial Players Rehearsal, GR 4:15 Bocce, WR	9:15 Bible Study & Hymn Sing with Roland, GR 10:00 New Resident Meet & Greet, GR 10:30 Pet Visit with K-Pets 11:30 Tuesday Toning, GR 1:30 Theralink Walking Club, VL 2:00 Penny Bingo with Stacy, GR 3:15 Folk Music Concert with Fred Bender, VL 4:30 Balloon Volleyball, WR 6:15 Bean Bag Tournament, VL	9:15 Second Cup Cafe, GR 10:00 2020 Olympics: Climbing, GR 11:00 Seated Yoga, WR 11:00 Band Together Exercises, TC 1:30 Crafting with Pinterest: Spider Web Wreathes 2:30 Culinary Arts Class: Spider Web Pretzels, GR 4:30 Rosary, WR 6:15 Gospel Music Karaoke, WR	9:15 Bible Study, GR 9:30 Poetry Reading with Willie Marshall, GR 11:00 Ambassador/PEER meeting, GR 11:30 Sweatin' to the Oldies, WR 1:15 Catholic Mass with Father Michael, WR 1:30 Walking, VL 2:00 Villager's Discussion Group, VL 3:30 Perennial Players Rehearsal, GR 6:00 Wellspan Cardiac Support Group, TC	9:15 Bible Study with Norm and Hymn Sing, GR 10:00 Shopping Trip to Sunset, Bus Outing 11:00 Band Together Exercises, TC 1:00 Wii Bowling with Our EARS Friends, WR 1:30 Meet the Author Dr. Nhien Nguyen "Cat Paradise", TC 3:00 Name that Spooky Tune with Becky, VL 4:30 Seated Body Workout, VL 6:15 Friday Night Trivia with Bill, GR	9:15 Devotions, GR 9:30 Linked Senior Games, GR 11:30 Chair Fitness Workout, WR 2:00 Penny Bingo, GR 6:00 Saturday Night Theatre, WR 3:30 Saturday Matinee, WR 7:00 Piano music with Nancy, VL
9:30 Catholic Communion with St. Cecilia's Catholic Church, WR 10:30 Theatre Experience, WR 1:30 Worship Service with Rev. Hoopes, WR 2:15 Lehman Melodies, WR 3:30 Stretching and Breathing, VL	9:15 Coffee Time, GR 9:30 Joyful Noise Bell Choir Practice, GR 10:15 Wii Bowling-Advanced, WR 11:30 Seated Musical Exercise, VL 1:30 ReFresh & Theralink Balance Session, WR 2:00 Band Together Exercises, TC 2:00 "Keep Your Mind Sharp" with Amanda from Hospice For All Seasons, GR 3:00 Perennial Players Rehearsal, GR 4:15 Bocce, WR	9:15 Morning Meeting, GR 10:15 Bible Study with St. Cecilia's, WR 10:30 Pet Visit with K-Pets 11:30 Tuesday Toning, GR 1:30 Theralink Walking Club, VL 2:00 Penny Bingo with Stacy, GR 3:30 Spirit Awards, VDR 4:30 Balloon Volleyball, WR 6:30 World Series Tailgating Party, WR	9:15 Second Cup Cafe, GR 10:00 2020 Olympics: Surfing, GR 11:00 Band Together Exercises, TC 11:00 Seated Yoga, WR 12:00 Lunch & Learn: Bone & Joint Health with UPMC, TC 1:30 Decorating Pumpkin, GR 2:30 Creating Western Decorations for Halloween Celebration, GR 4:00 Old Fashion Sing-Along with Nancy Hemler, WR 7:00 Elm Street Singers, VL	9:15 Bible Study, GR 9:30 Interactive iPad, GR 11:30 Sweatin' to the Oldies, WR 1:30 Route 66 Discussion & Walking, VL 2:00 Virtual Tour of the Finger Lakes, GR 2:30 Wine and Cheese Social with Wine from the Finger Lakes, GR 3:30 Perennial Players Rehearsal, GR 6:15 Wii Bowling Tournament, WR	9:15 Bible Study with Norm and Hymn Sing, GR 11:00 Band Together Exercises, TC 11:00 Horseshoes, VL 1:00 Wii Bowling with Our EARS Friends, WR 1:30 Shopping at Dutchway and Soft Serve Ice Cream, Bus Outing 1:30 Pa Dutch Club: Homemade Caramels, GR 4:00 Rhythmic Movement, VL 6:15 Game Night, WR	Halloween Celebration 9:15 Devotions, GR 9:30 Resident/Connections Planning Meeting, GR 11:00 Penny Bingo, GR 2:00 Friends & Family Halloween trick or Treat "Country Western Hoedown" (All littles ones 12 and under are welcome), TC 7:00 Piano music with Nancy, VL
9:30 Catholic Communion with St. Cecilia's Catholic Church, WR 10:30 Mindfulness Coloring, GR 11:30 Core Fitness Workout, WR 1:30 Worship Service with Rev. Hoopes, WR 2:30 Theatre Experience, WR 6:30 Sing Along Music Fun with Judy, GR	9:15 Coffee Time, GR 9:30 Reminisce Game, GR 10:15 Wii Bowling-Advanced, WR 11:30 Bean Bag Twister, VL 1:30 ReFresh & Theralink Balance Training, WR 2:00 Band Together Exercises, TC 2:00 Pro Trivia with Bob, VL 3:00 Perennial Players Rehearsal, GR 4:15 Bocce, WR	9:15 Bible Study & Hymn Sing with Roland, GR 10:30 Joyful Ringers Bell Choir Practice, GR 10:30 Pet Visit with K-Pets 12:00 Lunch Outing: Hilltop Cafe, Bus Trip 1:30 Theralink Walking Club, VL 2:00 Penny Bingo with Stacy, GR 3:15 Pumpkin Party, GR 4:30 Balloon Volleyball, WR	9:15 Second Cup Cafe, GR 10:00 2020 Olympics: Baseball/ Softball, GR 11:00 Seated Yoga, WR 11:00 Band Together Exercises, TC 1:30 Creating Halloween Costumes, GR 2:30 Spooky Cooking: Mozzarella Eye Balls and Mummy Dogs, GR 4:30 Rosary, WR 6:15 Shut the Box, GR	Halloween 9:15 Bible Study, GR 9:30 Surfing the Web: America's Haunted Houses, GR 10:00 Creating Works of Art with Professional Artist MJ McFalls, GR 1:30 Route 66 Discussion & Walking, VL 2:30 Halloween Costume Contest, VL 3:30 Perennial Players Rehearsal, WR	<div data-bbox="2175 1612 3061 1951" data-label="Complex-Block"> <p>Quote of the Month</p> <p>Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.</p> <p>- Billie Jean King</p> </div>	