

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Room Location Codes**

- VL Village Lobby
- GR Garden Room
- WR Willow Room
- CHL Community House Lobby
- CHDR Community House Dining Room
- TC The Club
- O Outing
- IL Independent Living



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## Quote of the Month

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Happiness is your own treasure because it lies within you.

- Prem Rawat

9:15 Bible Study with Norm and Hymn Sing, GR

11:00 Band Together Exercises, TC

11:00 Linked Senior, WR

1:00 Wii Bowling with Our EARS Friends, WR

1:30 Scenic Country Ride, Bus Outing

3:00 Sing-A-Long with Friends of the Wagners, VL

4:30 Putting Contest, VL

6:15 Game Night, WR

9:15 Devotions & Brain Builders, GR

9:30 Brain Fitness: ABC Soup, GR

11:30 Chair Fitness Workout, WR

1:00 Harmonia Concert "The Seasons", Bus Outing

2:00 Penny Bingo, GR

3:30 Music & Memory iPod Workshop, WR

6:00 Saturday Night Theatre, WR

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR

10:30 Volunteer Opportunity: Clip Coupons for Leb. Comm. Library, GR

11:30 Core Fitness Workout, WR

1:30 Worship Service with Rev. Hoopes, WR

2:30 Theatre Experience, WR

6:30 Sing Along Music Fun with Judy, GR

9:15 Monday Meditation with Pastor Rick, GR

10:15 Wii Bowling-Advanced, WR

11:30 Mark Wine on the piano, VL

1:30 Theralink Balance Training, WR

2:00 Band Together Exercises, TC

3:00 Best Friend Karaoke Party, WR

4:15 Bocce, WR

**Fastnacht Day**

9:15 Bible Study & Sing Along with Roland, GR

10:00 Resident Council, CHL

10:30 Joyful Ringers Bell Choir Practice, GR

10:30 Pet Visit with K-Pets-Nadia & Chase

10:30 Food Committee Mtg-Avocados, CHL

11:30 Tuesday Toning, WR

1:30 Theralink Walking Club, VL

2:00 Penny Bingo with Nancy Barber, GR

3:15 Happy Birthday Social, GR

4:30 Balloon Volleyball, WR

6:45 Visit with Heritage Girls, WR

**Ash Wednesday**

9:15 Second Cup Cafe, WR

9:30 The World of Performance Art-Ballet, WR

10:30 Learn Basic Seated Ballet Movements, WR

11:00 Band Together Exercises, TC

1:00 Pinochle with Lebanon County's Women Club, TC

2:00 Healthy Cooking Class: Parmesan Zucchini Crisps, GR

4:30 Ash Wednesday Service, WR

7:00 Hebron Mennonite Singers, VL

9:00 Nail Care by Kathy, Beauty Shop

9:15 Bible Study, GR

9:30 Performance Art in Action: Senior Skits, GR

11:00 Ambassador/PEER meeting, TC

11:30 Sweatin' to the Oldies, WR

1:30 Route 66 Discussion & Walking, VL

2:00 Penny Ante, GR

3:30 Joyful Noise Chorus Practice, WR

6:30 Pet Therapy with Friends of All Animals, VL

9:15 Bible Study with Norm and Hymn Sing, GR

11:00 Band Together Exercises, TC

11:00 Surfing The Net, WR

11:30 Lunch Outing to Blue Bird Inn, Bus Outing

1:00 Wii Bowling with Our EARS Friends, WR

2:00 Bonnie Koons "Luck of the Irish" Concert, VL

4:15 Putting Contest, VL

6:15 Friday Night Trivia with Bill, WR

9:15 Devotions & Brain Builders, GR

9:30 Today Is...?, GR

11:30 Chair Fitness Workout, WR

2:00 Prize Bingo, GR

6:00 Saturday Night Theatre, WR

**Daylight Saving Time Begins**

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR

10:00 Volunteer Opportunity: Sending Cards to Our Friends in Long-Term Care, GR

11:30 Core Fitness Workout, WR

1:30 Worship Service with Rev. Hoopes, WR

2:30 Theatre Experience, WR

3:00 Pet Visit by "Holly" and Gina, VL

9:15 Coffee Time and Brain Builders, GR

9:30 Act It Out, GR

10:15 Wii Bowling-Advanced, WR

12:00 Juniper Gents Lunch Bunch, GR

1:30 Theralink Balance Training, WR

2:00 Band Together Exercises, TC

2:30 Best Friend Craft Activity: Barn Star Photo and Scrapbook Paper Project, GR

4:15 Bocce, WR

6:15 Classic Country Music Sing-Along, WR

9:15 Morning Meeting, GR

10:00 Nail Care with Kathy, Beauty Shop

10:15 Bible Study with St. Cecilia's, WR

10:30 Pet Visit with K-Pets-Nadia & Chase

10:30 Joyful Ringers Bell Choir Practice, GR

11:30 Tuesday Toning, WR

1:30 Theralink Walking Club, VL

2:00 Penny Bingo with Nancy Barber, GR

3:15 New Resident Social with Irish Music by Jamie O'Brien, VL

4:30 Balloon Volleyball, WR

9:15 Second Cup Cafe, WR

9:30 The World of Performance Art-Mime, WR

10:00 Learning how to move like a Mime, WR

11:00 Band Together Exercises, TC

11:00 Seated Yoga, WR

1:30 Wal-Mart Shopping, O

3:00 PA Dutch Club: Mashed Potato Candy, GR

4:00 Old Fashion Sing-Along with Nancy Hemler, WR

7:00 Sharon Mennonite Singers, VL

**Theralink Day**

9:15 Bible Study, GR

9:30 Performance Art in Action: Senior Skits, GR

11:30 Sweatin' to the Oldies, WR

1:15 Catholic Mass with Father Michael, WR

1:30 Route 66 Discussion & Walking, VL

2:00 Vitality Checks, GR

3:30 Joyful Noise Chorus Practice, WR

6:15 Devotions with Rev. Williams, VL

9:15 Bible Study with Norm and Hymn Sing, GR

10:00 Joyful Ringers & Singers Concert "At the Movies", VDR

10:30 Pet Therapy with Teddy & Bill, VL

11:00 Band Together Exercises, TC

1:00 Wii Bowling with Our EARS Friends, WR

2:00 Experiential Art Experience: Marble Painted Shamrocks, GR

4:30 Upper and Lower Body Workout, WR

6:15 Game Night, WR

9:15 Devotions & Brain Builders, GR

11:30 Chair Fitness Workout, WR

2:00 Penny Bingo, GR

3:00 Guitar Music with Wayne, VL

6:00 Saturday Night Theatre, WR

**St. Patrick's Day**

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR

11:00 Stretching and Breathing, VL

12:00 St. Patrick's Day Friends & Family Lunch, VDR

1:30 Worship Service with Rev. Hoopes, WR

2:30 Theatre Experience, WR

6:30 Sing Along Music Fun with Judy, GR

9:15 Coffee Time and Brain Builders, GR

10:15 Wii Bowling-Advanced, WR

11:30 Monday Meditation and Deep Breathing, GR

1:30 Theralink Balance Training, WR

2:00 Band Together Exercises, TC

2:00 "Keep Your Mind Sharp" with Amanda from Hospice for All Seasons, GR

4:15 Bocce, WR

9:15 Bible Study & Sing Along with Roland, GR

10:30 Joyful Ringers Bell Choir Practice, GR

10:30 Pet Visit with K-Pets-Nadia & Chase

11:30 Tuesday Toning, WR

1:30 Theralink Walking Club, VL

2:00 Penny Bingo with Nancy Barber, GR

3:00 Gospel music by "Sonny and Audrey", VL

4:30 Balloon Volleyball, WR

**First Day of Spring**

9:15 Second Cup Cafe, WR

9:30 The World of Performance Art-Stand Up Comedy, WR

10:00 Learning the art of telling a joke, WR

11:00 Seated Yoga, WR

11:00 Band Together Exercises, TC

12:00 Lunch & Learn: Diabetes, TC

2:00 Crafting with Pinterest-Cupcake Liner Spring Flower Arrangements, GR

4:30 Rosary, WR

7:00 Miners Village Singing, VL

9:15 Bible Study, GR

9:30 Poetry Reading with Willie Marshall, GR

11:30 Sweatin' to the Oldies, WR

1:30 Route 66 Discussion & Walking, VL

2:00 Penny Ante, GR

3:30 Joyful Noise Chorus Practice, WR

6:30 Villager's Discussion Group, VL

9:15 Bible Study with Norm and Hymn Sing, GR

11:00 Band Together Exercises, TC

1:00 Wii Bowling with Our EARS Friends, WR

2:00 Shopping at Dutchway and Soft Serve Ice Cream, Bus Outing

2:00 Culinary Art Class: Rainbow Sherbet Muddy Buddies, GR

3:30 Experiential Art Experience: Graffiti Art, GR

6:15 Friday Night Trivia with Bill, WR

9:15 Devotions & Brain Builders, WR

9:30 Linked Senior Games, WR

11:30 Chair Fitness Workout, WR

2:00 Penny Bingo, GR

6:00 Saturday Night Theatre, WR

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR

10:00 Theatre Experience, WR

11:30 Core Fitness Workout, WR

1:30 Worship Service w/Rev. Hoopes, WR

3:00 "Juniper's Got Talent", VL

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR

10:30 Core Fitness Workout, WR

1:30 Worship Service w/Rev. Hoopes, WR

2:30 Theatre Experience, WR

6:30 Sing Along Music Fun with Judy, GR

9:15 Coffee Time and Brain Builders, GR

9:30 Reminisce Game, GR

10:15 Wii Bowling-Advanced, WR

11:30 Monday Meditation and Deep Breathing, GR

1:30 Theralink Balance Training, WR

2:00 Band Together Exercises, TC

2:00 Pro Trivia with Bob, VL

4:15 Bocce, WR

9:15 Morning Meeting, GR

10:15 Bible Study with St. Cecilia's, WR

10:30 Pet Visit with K-Pets-Nadia & Chase

10:30 Joyful Ringers Bell Choir Practice, GR

11:30 Tuesday Toning, WR

1:30 Theralink Walking Club, VL

2:00 Penny Bingo with Nancy Barber, GR

3:00 Red Hat Party with Cele Miller, GR

4:30 Balloon Volleyball, WR

9:15 Second Cup Cafe, GR

9:30 Performance Art-Magic, WR

10:00 Learning Simple Magic Tricks, WR

11:00 Band Together Exercises, TC

11:00 Seated Yoga, WR

12:00 Lunch & Learn: Funeral Planning, TC

2:00 Live Cooking Demonstration with Chef Albert, GR

2:00 Caregiver Support Group Facilitated by UPMC, TC

4:00 Old Fashion Sing-Along with Nancy Hemler, WR

7:00 Elm Street Singers, VL

9:15 Bible Study, GR

9:30 Senior Skit, GR

10:00 Creating Works of Art with Professional Artist MJ McFalls, GR

11:30 Sweatin' to the Oldies, WR

1:30 Route 66 Discussion & Walking, VL

2:00 Penny Ante, GR

3:30 Joyful Noise Chorus Practice, WR

6:15 Wii Bowling Tournament, WR

9:15 Bible Study with Norm and Hymn Sing, GR

11:00 Band Together Exercises, TC

11:00 Horseshoes, VL

1:00 Wii Bowling with Our EARS Friends, WR

2:00 Live Magic Show performed by Brent Lill, VL

4:00 Rhythmic Movement, VL

6:15 Game Night, WR

9:15 Devotions & Brain Builders, GR

9:30 Resident/Connections Planning Meeting, GR

11:30 Chair Fitness Workout, WR

2:00 Penny Bingo, GR

6:00 Saturday Night Theatre, WR

\*All musical features are provided for therapeutic purposes only to support memory and cognitive functioning.