

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



6

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
 11:00 Sunday Newspaper, CHL
 11:30 Lobby Chat, CHL
 1:30 Worship Service with Rev. Hoopes, WR
 2:30 Theatre Experience, WR
 6:30 Sing Along Music Fun with Judy, GR

13

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
 10:00 Sunday Newspaper, CHL
 11:30 Lobby Chat, CHL
 1:30 Worship Service with Rev. Hoopes, WR
 2:30 Theatre Experience, WR
 3:00 Pet Visit by "Holly" and Gina, VL

20

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
 10:00 Sunday Newspaper, CHL
 11:30 Lobby Chat, CHL
 1:30 Worship Service with Rev. Hoopes, WR
 2:30 Theatre Experience, WR
 6:30 Sing Along Music Fun with Judy, GR

27

9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
 10:00 Sunday Newspaper, CHL
 11:30 Lobby Chat, CHL
 1:30 Worship Service with Rev. Hoopes, WR
 2:30 Theatre Experience, WR

Room Location Codes

VL Village Lobby
 GR Garden Room
 WR Willow Room
 CHL Community House Lobby
 CHDR Community House Dining Room
 TC The Club
 O Outing
 IL Independent Living

7

9:30 Theralink Balance Training, CHL
 10:00 Knit and Stitch, TC
 10:15 Coffee Time and Brain Builders, CHL
 10:30 Mark Wine* on the piano, CHL
 1:00 Quiddler, CHL
 2:00 Band Together Exercises, TC
 2:00 Crafting with Pinterest: Creating Calming Jars, GR
 3:00 Bocce, CHL

14

9:30 Theralink Balance Training, CHL
 10:00 Knit and Stitch, TC
 10:15 Coffee Time and Brain Builders, CHL
 10:30 Mental Fitness: Wheel of Fortune, CHL
 12:00 Juniper Gents Lunch Bunch, GR
 1:00 Scrabble, TC
 2:00 Band Together Exercises, TC
 3:00 Bocce, CHL
 6:15 Games of Chance with Shelia, GR

21

Martin Luther King Jr Day

9:30 Theralink Balance Training, CHL
 9:30 Vitality Room Open
 10:00 Knit and Stitch, TC
 10:15 Coffee Time and Brain Builders, CHL
 10:30 Brain Fitness: Wheel of Fortune, CHL
 1:00 Scrabble, TC
 2:00 Band Together Exercises, TC
 3:00 Bocce, CHL

28

9:30 Vitality Room Open
 9:30 Theralink Balance Training, CHL
 10:00 Knit and Stitch, TC
 10:15 Coffee Time and Brain Builders, CHL
 1:00 Scrabble, TC
 2:00 Band Together Exercises, TC
 2:00 ProTrivia with Bob, VL
 3:00 Bocce, CHL
 6:15 Games of Chance with Shelia, GR

1

New Year's Day

10:00 Watching the Rose Bowl Parade, CHL
 10:30 New Year's Day Trivia & Discussion, CHL
 12:00 Personal Care New Year's Day Dinner, CHDR
 2:00 Penny Bingo, GR
 3:00 New Year's Day Movie: An Affair to Remember, WR

8

9:30 Theralink Walking Club, CHL
 10:00 Resident Council, CHL
 10:30 Food Committee Meeting: Lebanon Bologna, CHL
 11:00 Toning Tuesday, TC
 2:00 Prize Bingo, TC
 3:30 Name that Tune with Becky, VL
 5:00 I.L. Pot Luck, TC
 7:00 Sharon Mennonite Singers, VL

15

9:30 Theralink Walking Club, CHL
 10:15 Morning Meeting, CHL
 10:30 Toning Tuesday, TC
 10:30 Joyful Ringers Bell Choir Practice, GR
 10:30 Pet Visit with K-Pets-Nadia & Chase
 2:00 Penny Bingo, TC
 3:15 Gospel music by "Sonny and Audrey", VL

22

9:30 Theralink Walking Club, CHL
 10:15 Morning Meeting, CHL
 10:30 Toning Tuesday, TC
 10:30 Joyful Ringers Bell Choir Practice, GR
 10:30 Vitality Room Open
 1:00 Town Hall Meeting, TC
 2:00 Penny Bingo, TC
 6:00 Drum Circle Therapy, VL

29

9:30 Theralink Walking Club, CHL
 10:15 Morning Meeting, CHL
 10:30 Toning Tuesday, TC
 10:30 Vitality Room Open
 10:30 Joyful Ringers Bell Choir Practice, GR
 10:30 Pet Visit with K-Pets-Nadia & Chase
 2:00 Penny Bingo, TC
 3:30 Lee Moyer's One Man Band in Concert, VL

2

9:30 Theralink Balance Training, CHL
 10:15 Second Cup Cafe', CHL
 10:30 Bananagram, CHL
 11:00 Band Together Exercises, TC
 10:30 Vitality Room Open
 1:00 Pinochle with Lebanon County's Women Club, TC
 2:00 Poker, CHDR
 4:30 Rosary, WR
 7:00 Hebron Mennonite Singers, VL

9

9:30 Theralink Balance Training, CHL
 10:15 Second Cup Cafe', CHL
 10:30 Bananagram, CHL
 11:00 Band Together Exercises, TC
 1:30 Walmart, O
 1:30 PA Dutch Club: Walnut Horn Cookies, GR
 2:00 Shuffleboard and Mah Jongg, TC
 3:00 Poker, CHDR

16

9:30 Theralink Balance Training, CHL
 10:15 Second Cup Cafe', CHL
 10:30 Bananagram, CHL
 11:00 Band Together Exercises, TC
 12:00 Lunch & Learn: Glaucoma, TC
 2:00 Shuffleboard and Mah Jongg, TC
 3:00 Poker, CHDR
 4:30 Rosary, WR
 7:00 Miners Village Singing, VL

23

9:30 Theralink Balance Training, CHL
 10:15 Second Cup Cafe', CHL
 10:30 Bananagram, CHL
 11:00 Band Together Exercises, TC
 2:00 Shuffleboard and Mah Jongg, TC
 3:00 Poker, TC
 7:00 Elm Street Singers, VL

30

9:30 Theralink Balance Training, CHL
 10:15 Second Cup Cafe', CHL
 10:30 Bananagram, CHL
 11:00 Band Together Exercises, TC
 12:00 Lunch & Learn Understanding Memory Loss, TC
 2:00 Melting Snow Process Art, GR
 2:00 Shuffleboard and Mah Jongg, TC
 3:00 Poker, TC
 4:30 Rosary, WR

3

9:30 Route 66 Walking & Discussion, CHL
 10:15 Devotions, CHL
 10:45 Toning Exercises, CHL
 11:00 Ambassador/PEER meeting, TC
 2:00 Penny Bingo, TC
 2:30 Veteran's Military Club, GR
 3:30 Joyful Noise Chorus Practice, WR
 6:00 Pinochle, CHL
 6:30 Pet Therapy with Friends of All Animals, VL

10

Theralink Day

9:30 Route 66 Walking & Discussion, CHL
 10:15 Devotions, CHL
 10:45 Toning Exercises, TC
 1:00 Vitality Checks, GR
 2:00 Penny Bingo, TC
 3:30 Joyful Noise Chorus Practice, WR
 6:00 Pinochle, CHL
 6:15 Devotions with Rev. Williams, VL

17

9:30 Route 66 Walking & Discussion, CHL
 10:00 Nail Care by Kathy, CHL
 10:15 Devotions, CHL
 10:45 Toning Exercises, TC
 1:15 Catholic Mass with Father Michael, WR
 2:00 Penny Bingo, TC
 3:30 Joyful Noise Chorus Practice, WR
 6:00 Pinochle, CHL
 6:00 Wellspan Women's Heart Disease Support Group, TC

24

9:30 Route 66 Walking & Discussion, CHL
 10:15 Devotions, CHL
 10:45 Toning Exercises, TC
 11:00 Vitality Room Open
 2:00 Penny Bingo, TC
 3:30 Joyful Noise Chorus Practice, WR
 6:00 Pinochle, CHL

31

9:30 Route 66 Walking & Discussion, CHL
 10:00 Creating Works of Art with Professional Artist MJ McFalls, GR
 10:15 Devotions, CHL
 10:45 Toning Exercises, TC
 11:30 Vitality Room Open
 2:00 Penny Bingo, TC
 3:30 Joyful Noise Chorus Practice, WR
 6:00 Pinochle, CHL

4

Wear Red for Heart Health Day

10:15 Bible Study with Norman and Hymn Sing, CHL
 11:00 Band Together Exercises, TC
 1:30 Scenic Country Ride, O
 2:00 Shuffleboard, TC
 2:00 Crafting with Marsha: No Sew Snowman, GR
 3:00 Sing-along with Friends of the Wagners, VL
 3:15 Happy Birthday Social, TC

11

10:15 Bible Study with Norman and Hymn Sing, CHL
 11:00 Band Together Exercises, TC
 12:00 Personal Care Primanti Bros. Style Sandwich Lunch, CHDR
 2:00 Shuffleboard, TC
 2:00 Musical Program by Bonnie Koons, VL
 3:15 New Resident Social, TC
 6:15 Friday Night Trivia with Bill, WR

18

9:30 Vitality Room Open
 10:15 Bible Study with Norman and Hymn Sing, CHL
 11:00 Band Together Exercises, TC
 2:00 Shuffleboard, TC
 2:00 Live Cooking Demonstration with Chef Albert, GR
 3:15 Wine and Cheese Social, TC

25

9:30 Vitality Room Open
 10:15 Bible Study with Norman and Hymn Sing, CHL
 11:00 Band Together Exercises, TC
 12:30 Connect & Learn Caregiver Lunch: Compassion Fatigue with Reni Weixler, TC
 2:00 Shopping at Dutchway and Soft Serve Ice Cream, Bus Outing
 2:00 Shuffleboard, TC
 3:15 Ice Cream Social, TC
 6:15 Friday Night Trivia with Bill, VL

5

10:15 Devotions, CHL
 10:30 Shut The Box Game, CHL
 11:00 Chair Fitness Workout, CHL
 2:00 Penny Bingo, GR
 6:00 Saturday Night Theatre, WR

12

10:15 Devotions, CHL
 10:30 Trivia, CHL
 11:00 Chair Fitness Workout, CHL
 2:00 Prize Bingo, GR
 6:00 Saturday Night Theatre, WR

19

10:15 Devotions, CHL
 10:30 Trivia, CHL
 11:00 Chair Fitness Workout, CHL
 2:00 Penny Bingo, GR
 3:00 Guitar Music with Wayne, VL
 6:00 Saturday Night Theatre, WR

26

10:15 Devotions, CHL
 10:30 Trivia, CHL
 11:00 Chair Fitness Workout, CHL
 2:00 Penny Bingo, GR
 6:00 Saturday Night Theatre, WR

Quote of the Month

Every new beginning comes from some other beginning's end

- Seneca

*All musical features are provided for therapeutic purposes only to support memory and cognitive functioning.