

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Room Location Codes

- VL Village Lobby
- GR Garden Room
- WR Willow Room
- CHL Community House Lobby
- CHDR Community House Dining Room
- TC The Club
- O Outing
- IL Independent Living

Quote of the Month

“

Art washes from the soul the dust of everyday life.

”

- Pablo Picasso

Wear Red for Heart Health Day 1

- 9:15 Bible Study with Norm and Hymn Sing, GR
- 11:00 Band Together Exercises, TC
- 11:15 Celebration of Ground Hog's Eve, VL
- 1:00 Wii Bowling w Our EARS Friends, WR
- 1:30 Scenic Country Ride, O
- 1:30 Culinary Arts Class: Making Groundhog Day Treats, GR
- 3:00 Sing-A-Long with Friends of the Wagners, VL
- 4:30 Putting Contest, VL
- 6:15 Game Night, WR

Groundhog Day

- 8:00 Watch Phil's 133rd Groundhog Day Prognostication, WR
- 9:15 Devotions & Brain Builders, GR
- 9:30 Brain Fitness: ABC Soup, GR
- 11:30 Chair Fitness Workout, WR
- 2:00 Penny Bingo, GR
- 3:30 Music & Memory, WR
- 6:00 Saturday Night Theatre, WR

3

- 9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
- 10:30 Volunteer Opportunity: Clip Coupons for Leb. Comm. Library, GR
- 11:30 Core Fitness Workout, WR
- 1:30 Worship Service with Rev. Hoopes, WR
- 2:30 Theatre Experience, WR
- 6:30 Sing Along Music Fun with Judy, WR

4

- 9:15 Monday Meditation with Pastor Rick, GR
- 10:15 Wii Bowling-Advanced, WR
- 11:00 Ambassador/PEER meeting, GR
- 11:15 Mark Wine on the piano, VL
- 1:30 Theralink Balance Training, WR
- 2:00 Band Together Exercises, TC
- 2:30 Quarter Raffle for American Heart Association, GR
- 4:30 Bocce, GR

5

- 9:15 Bible Study and Worship Music with Roland, GR
- 10:00 Resident Council, GR
- 10:30 Pet Visit with K-Pets-Nadia & Chase
- 10:30 Food Committee: Nutella, GR
- 11:30 Tuesday Toning, WR
- 1:30 Theralink Walking Club, VL
- 2:00 Penny Bingo with Nancy B, GR
- 3:15 Happy Birthday Social, GR
- 4:30 Balloon Volleyball, WR
- 6:00 Go Red for Women Paint & Sip Fundraiser, TC
- 6:45 Visit with Heritage Girls, VL

6

- 9:15 Second Cup Cafe, WR
- 9:30 Photography with iPads & Polaroid Camera, WR
- 11:30 Seated Yoga, WR
- 11:00 Band Together Exercises, TC
- 12:00 Philly Cheesesteak Lunch, VDR
- 1:00 Pinochle with Lebanon County's Women Club, TC
- 2:00 Experiential Art Experience: Bleeding Tissue Paper Designs, GR
- 3:15 Brain Games with Shelia, GR
- 4:30 Rosary, WR
- 7:00 Hebron Mennonite Singers, WR

7

- 9:00 Nail Care by Kathy, Beauty Shop
- 9:15 Bible Study, GR
- 10:30 Bus Trip to SPLAT Art Studio, O
- 11:30 Sweatn' to the Oldies, WR
- 1:30 Route 66 Discussion & Walking, VL
- 2:00 Penny Bingo, TC
- 2:30 Veteran's Military Club, GR
- 3:30 Joyful Noise Chorus Practice, WR
- 6:30 Pet Therapy with Friends of All Animals, VL

8

- 9:15 Bible Study with Norm and Hymn Sing, GR
- 11:00 Band Together Exercises, TC
- 11:00 Bean Bag Game, VL
- 11:30 Lunch at Cedar Grill, Bus Outing
- 1:00 Wii Bowling with Our EARS Friends, WR
- 2:00 Best Friend Craft Activity: Puzzle Piece Heart Door Decor, GR
- 4:00 Name That Tune with Becky, VL
- 6:15 Friday Night Trivia with Bill, WR

9

- 9:15 Devotions & Brain Builders, GR
- 9:30 Today Is...?, GR
- 11:30 Chair Fitness Workout, WR
- 2:00 Prize Bingo, GR
- 6:00 Saturday Night Theatre, WR

10

- 9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
- 10:00 Volunteer Opportunity: Sending Cards to Our Friends in Long-Term Care, GR
- 11:30 Core Fitness Workout, WR
- 1:30 Worship Service with Rev. Hoopes, WR
- 2:30 Theatre Experience, WR
- 3:00 Pet Visit by "Holly" and Gina, VL

Celebrate Italy Day 11

- 9:15 Devotions with Italian Coffee, GR
- 9:30 Stories of our Italian Heritage, GR
- 10:15 Wii Bowling-Advanced, WR
- 12:00 Juniper Gents Lunch Bunch, GR
- 1:30 Theralink Balance Training, WR
- 2:00 Wine Tasting with virtual tour of Italy, WR
- 2:00 Band Together Exercises, TC
- 4:15 Bocce, GR
- 6:15 Games of Chance with Shelia, GR

12

- 9:15 Morning Meeting, GR
- 10:00 Nail Care with Kathy, Beauty Shop
- 10:15 Bible Study with St. Cecilia's, WR
- 10:30 Pet Visit with K-Pets-Nadia & Chase
- 10:30 Joyful Ringers Bell Choir Practice, GR
- 11:30 Tuesday Toning, WR
- 1:30 Theralink Walking Club, VL
- 2:00 Penny Bingo with Nancy B, GR
- 3:15 New Resident Social, GR
- 4:30 Balloon Volleyball, WR

13

- 9:15 Second Cup Cafe, GR
- 9:30 Educational Series: Experiencing Art: Scherenschnitte, GR
- 11:00 Band Together Exercises, TC
- 11:00 Seated Yoga, WR
- 1:30 Wal-Mart Shopping, O
- 2:00 PA Dutch Club: Cracker Pudding, GR
- 3:00 Love Rocks Project, GR
- 4:00 Old Fashion Hymn Sing with Nancy H, VL
- 6:15 Shut the Box, VL

Valentine's Day 14

- 9:15 Bible Study, GR
- 9:30 Jeopardy, GR
- 11:00 Valentine's Day Party and Musical Concert with Crowning of King and Queen, VL
- 12:00 Friends & Family Valentine's Day Lunch, VDR
- 1:15 Catholic Mass w Father Michael, WR
- 2:00 Penny Bingo, TC
- 3:30 Joyful Noise Chorus Practice, WR
- 6:15 Devotions with Rev. Williams, VL

15

- 9:15 Visit to CCHS Planetarium, Bus Outing
- 9:15 Bible Study with Norm and Hymn Sing, GR
- 10:30 Pet Therapy with Teddy & Bill, VL
- 11:00 Band Together Exercises, TC
- 11:00 Linked Senior, WR
- 1:00 Wii Bowling with Our EARS Friends, WR
- 2:30 Resident Art Show and Wine Reception, GR
- 4:30 Upper and Lower Body Workout, VL
- 6:15 Game Night, WR

16

- 9:15 Devotions & Brain Builders, GR
- 9:30 Trivia, GR
- 11:30 Chair Fitness Workout, WR
- 2:00 Penny Bingo, GR
- 3:00 Guitar Music with Wayne, VL
- 6:00 Saturday Night Theatre, WR

Random Acts of Kindness Day 17

- 9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
- 10:15 Kind Over Matter Lolli-Flower Project, GR
- 11:30 Core Fitness Workout, WR
- 1:30 Worship Service with Rev. Hoopes, WR
- 3:00 President's Day Concert with Rich Arment, VL
- 4:00 Theatre Experience, WR
- 6:30 Sing Along Music Fun w Judy, GR

President's Day 18

- 9:15 Coffee Time and Brain Builders, GR
- 9:30 Remembering Presidents of the Past, GR
- 10:15 Wii Bowling-Advanced, WR
- 11:30 Monday Meditation and Deep Breathing, VL
- 1:30 Theralink Balance Training, WR
- 2:00 Band Together Exercises, TC
- 2:00 "Keep Your Mind Sharp" w Amanda from Hospice For All Seasons, GR
- 4:00 Blood Drive for Central PA Blood Bank, TC
- 4:15 Bocce, GR

19

- 9:15 Bible Study & Worship Music with Roland, GR
- 10:30 Joyful Ringers Bell Choir Practice, GR
- 10:30 Pet Visit with K-Pets-Nadia & Chase
- 11:30 Tuesday Toning, WR
- 1:30 Theralink Walking Club, VL
- 2:00 Penny Bingo with Nancy B, GR
- 3:15 Gospel Music by Sonny & Audrey, VL
- 4:30 Balloon Volleyball, WR

20

- 10:00 Educational Series: Experiencing Art-Watercolor Painting, GR
- 11:00 Seated Yoga, WR
- 11:00 Band Together Exercises, TC
- 2:00 Best Friend Chocolate Fondue Party, GR
- 3:15 Brain Games with Shelia, GR
- 4:30 Rosary, WR
- 6:15 Linked Senior, WR

21

Theralink Day

- 9:15 Bible Study, GR
- 9:30 Poetry Reading with Willie Marshall, GR
- 11:30 Sweatn' to the Oldies, WR
- 1:00 Vitality Checks, GR
- 2:00 Penny Bingo, TC
- 3:30 Joyful Noise Chorus Practice, WR
- 6:30 Villager's Discussion Group, VL

22

- 9:15 Bible Study with Norm and Hymn Sing, GR
- 11:00 Band Together Exercises, TC
- 11:00 Horseshoes, VL
- 12:30 Connect & Lunch: Caregiver Support Group, TC
- 1:00 Wii Bowling w Our EARS Friends, WR
- 2:00 Shopping at Dutchway and Soft Serve Ice Cream, Bus Outing
- 2:30 Experiential Art Experience: Baking Soda Eruption Prints, GR
- 4:00 Rhythmic Movement, VL
- 6:15 Friday Night Trivia with Bill, WR

23

- 9:15 Devotions & Brain Builders, GR
- 9:30 Resident/Connections Planning Meeting, GR
- 11:30 Chair Fitness Workout, WR
- 2:00 Penny Bingo, GR
- 6:00 Saturday Night Theatre, WR

24

- 9:30 Catholic Communion with St. Cecilia's Catholic Church, WR
- 10:30 Volunteer Experience Newsletter Mailing, GR
- 11:30 Core Fitness Workout, WR
- 1:30 Worship Service with Rev. Hoopes, WR
- 2:15 Lehman Melodies, WR
- 3:30 Theatre Experience, WR

25

- 9:15 Coffee Time and Brain Builders, GR
- 9:30 Reminisce Game, GR
- 10:15 Wii Bowling-Advanced, WR
- 11:30 Monday Meditation and Deep Breathing, VL
- 1:30 Theralink Balance Training, WR
- 2:00 Band Together Exercises, TC
- 2:00 Pro Trivia with Bob, VL
- 4:15 Bocce, GR
- 6:15 Games of Chance with Shelia, GR

26

- 9:15 Morning Meeting, GR
- 10:15 Bible Study with St. Cecilia's, WR
- 10:30 Pet Visit with K-Pets-Nadia & Chase
- 10:30 Joyful Ringers Bell Choir Practice, GR
- 11:30 Tuesday Toning, WR
- 1:30 Theralink Walking Club, VL
- 2:00 Penny Bingo with Nancy B, GR
- 3:00 Red Hat Party with Cele, GR
- 4:30 Balloon Volleyball, WR

27

- 9:15 Second Cup Cafe, GR
- 10:00 Experience Art-Sculpting with air dry clay, GR
- 11:00 Band Together Exercises, TC
- 11:00 Seated Yoga, WR
- 12:00 Lunch & Learn: Healthy Hearts for Seniors, TC
- 2:00 Healthy Cooking Class: Superfood Trail Mix, GR
- 3:00 Cooking Demonstration with Chef Albert
- 4:00 Old Fashion Hymn Sing w Nancy H, VL
- 7:00 Elm Street Singers, VL

28

- 9:15 Bible Study, GR
- 10:00 Creating Works of Art with Professional Artist MJ McFalls, GR
- 11:30 Sweatn' to the Oldies, WR
- 1:30 Route 66 Discussion & Walking, VL
- 2:00 Penny Bingo, TC
- 3:30 Joyful Noise Chorus Practice, WR
- 6:15 Wii Bowling Tournament, WR

