

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## Quote of the Month

To insure good health: eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life.

– William Londen



<p>9:00 Spiritual Poetry Reading 9:30 LS: Magazine 11:00 St. Ephrem's Communion Service 1:00 Garden to Table Bruschetta Dip w/Volunteer 2:00 Hymns w/Nick Fratelli 3:00 Sunday Cinema</p>	<p>9:30 Exercise: Monday Stretch 10:00 Brain Builder 10:30 Pet Therapy with Molly 1:00 Word Challenge 2:30 Paris in the Village: Food &amp; Wine Fest</p>	<p>11:15 Exercise: Beach Ball Toss 1:00 LS: Video of Flowers in Athens, Greece 1:30 Floral Arranging in Athens, Greece 2:30 Current Events 6:00 LS: Bingo</p>	<p>10:45 Bible Study: Pastor Scott Mitchell (FR) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Baking Bunch: Cookies 2:00 Sentimental Sing a Long 3:00 Mindful Meditation 6:00 Po-Ke-No</p>	<p>9:30 Exercise: Thursday Tone-Up 10:00 News &amp; Views 10:30 LS: Food in Greece 1:00 Shadow of His Wings: Inspirational Poetry 1:30 Gourmet Greek Yogurt 2:00 June Tunes w/Bedside Harp</p>	<p>9:30 Exercise: Light &amp; Lively 10:00 Current Events 10:30 Shadow of His Wings: Inspirational Poetry 2:00 When the Sunday Funnies Went to War, w/Duane Abel 3:00 Hydration Station: Healthy Juice &amp; Snacks 3:30 Reminiscing: Summer Fun 4:00 Aromatherapy &amp; Hand Massages</p>	<p>9:00 LS: Fact or Fiction 9:30 Music &amp; Memory 12:00 Brunch of the Month: Food for Wellness 1:00 Aromatherapy &amp; Hand Massages 3:00 Viewer's Choice Movie</p>
<p>9:00 Sunday Reading: A Psalm 9:30 Daily Chronicle 11:00 St. Ephrem's Communion Service 1:00 Live Cooking Demonstration w/Levi Collier 1:30 Entertainment: Chris Doughty 2:00 Musical Meditation 3:00 Sunday Cinema</p>	<p>9:30 Exercise: Monday Stretch 10:00 Brain Builder 10:30 Pet Therapy with Molly 11:30 Red Hat Luncheon (FR) 1:00 Witty Word Game 3:00 Gourmet S'mores</p>	<p>11:15 Exercise: Balloon Volleyball 1:00 LS: Video of Flowers in Versailles, France 1:30 Floral Arranging in Versailles, France 3:00 Tuesday Trivia Time 6:00 LS: Hangman</p>	<p>10:45 Bible Study: Pastor Scott Mitchell (FR) 11:15 Exercise: Wake &amp; Shake 11:30 Pet Therapy: Yogi 1:00 Baking Bash: Cookies 2:00 Mindful Meditation 2:30 Methodist Church Service 3:00 Joke of the Day 6:00 LS: Spin &amp; Solve</p>	<p><b>Flag Day</b> 9:30 Exercise: Thursday Tone-Up 10:00 Current Events 10:30 Shadow of His Wings: Inspirational Poetry 1:00 LS: Why we Celebrate Flag Day? 1:30 Patriotic Sing a Long 3:00 Hydration Station: Fruit &amp; Juice</p>	<p>9:30 Exercise: Light &amp; Lively 10:00 LS: Technology: Krazy Keys 10:30 Brain Booster 1:00 Strength and Guidance; Poetry 1:30 Crafting with Pinterest: Painting Seashells 2:30 Sharing: Wedding Albums</p>	<p>9:30 News &amp; Views 10:00 Music &amp; Memory 1:00 LS: Bingo 1:30 Men's Manicures 2:00 Aromatherapy &amp; Hand Massages 3:00 Viewer's Choice Movie</p>
<p><b>Happy Father's Day</b> 9:00 LS: Spiritual Poetry 9:30 Daily Chronicle 11:00 St. Ephrem's Communion Service 1:30 Father's Day Fun: Drinking O'Doul's 2:00 Men's Club: Extreme Sports 3:00 Sunday Cinema</p>	<p><b>National Picnic Day</b> 9:30 Exercise: Monday Stretch 10:00 Brain Builder 10:30 Pet Therapy with Molly 12:00 Celebrate International Picnic Day with Hot Dogs &amp; Hamburgers 1:00 Watermelon Anyone? for International Picnic Day 1:00 Miracle Ear, Dr. Kyle (WELL) 3:00 Mindful Meditation</p>	<p>11:15 Exercise: Light &amp; Lively 1:00 LS: Video of Flowers in the Netherlands 1:30 Floral Arranging in the Netherlands 2:30 Sentimental Sing a Long 3:30 LS: Fact or Fiction? 6:00 LS: Deal or No Deal</p>	<p>10:45 Bible Study: Pastor Scott Mitchell (FR) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Baking Bunch: Cookies 1:00 Miracle Ear, Dr. Kyle (WELL) 2:00 Musical Meditation 4:00 News &amp; Views 6:00 LS: Blackjack</p>	<p><b>First Day of Summer</b> 9:30 Exercise: Thursday Tone-Up 10:00 Current Events 10:30 Shadow of His Wings: Inspirational Poetry 2:00 When the Sunday Funnies Went to War, w/Duane Abel 3:00 Hydration Station: Healthy Juice &amp; Snacks 3:30 Reminiscing: Summer Fun 4:00 Aromatherapy &amp; Hand Massages</p>	<p>9:30 Exercise: Light &amp; Lively 10:00 Technology: LS Music Box 10:30 LS: Magazine 1:00 Strength and Guidance; Poetry 2:00 Still Life Painters w/Pat Patrizio 3:00 LS: Bingo</p>	<p>9:30 Daily Chronicle 10:00 Music &amp; Memory 1:00 Paris in the Village: French Wine &amp; Food Fest in Lahaska, PA 2:00 Coloring with my BFF 3:00 Viewer's Choice Movie</p>
<p>9:00 Daily Devotional: We are in His Care 9:30 LS: Magazine 11:00 St. Ephrem's Communion Service 1:00 Live Cooking Demonstration w/Levi Collier 2:00 Hymns w/Nick Fratelli 3:00 Sunday Cinema 4:30 Aromatherapy &amp; Hand Massages</p>	<p>9:30 Exercise: Monday Stretch 10:00 Brain Builder 10:30 Pet Therapy with Molly 11:30 Resident Council &amp; Food Committee: Beverages 1:00 The Word Challenge 3:00 Musical Meditation</p>	<p>11:15 Exercise: Bean Bag Toss 1:00 LS: Flowers in Germany 1:30 Floral Arranging in Germany 2:30 News &amp; Views 3:00 German Jelly Donuts 4:00 Sentimental Sing a Long</p>	<p>10:45 Bible Study: Pastor Scott Mitchell (FR) 11:15 Exercise: Wednesday Warm Up 11:30 Pet Therapy: Yogi 1:00 Villagers Program: w/Marilyn Guzman 2:00 Baking Bash: Cookies 3:00 Current Events 6:00 LS: Jeopardy</p>	<p>9:30 Exercise: Thursday Tone-Up 10:00 LS: Magazine 10:30 Shadow of His Wings: Inspirational Poetry 1:00 Organic Dog Treats w/Resident Volunteers 2:00 Fresh Fruit Social: Fruit in the Philippines 3:00 Sing a Long in the Philippines 6:00 LS: Spin &amp; Solve</p>	<p>9:30 Exercise: Light &amp; Lively 10:00 Technology: LS: Painter's Palette 1:00 Strength and Guidance; Poetry 1:30 Mindful Meditation 2:00 LS: Bingo 3:00 Men's Manicures</p>	<p>9:30 Daily Chronicle 10:00 Music &amp; Memory 11:00 LS: Lighthouses Around the World 1:00 Painting Lighthouses 2:30 Hydration Station: Fresh Fruit &amp; Juice 3:00 Viewer's Choice Movie</p>