

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Room Location Codes (O) Outing (DR) Dining Room (LR) Living Room (C) Connections (400) 400's Lounge (A) Activity Room (GS) Garden Spot (IR) Individual Rooms (FP) Front Porch (BP) Back Porch (2H) 200 Hall	World Vegetarian Day 1 10:00 Weird but Real Sports: Giant Pumpkin Kayaking (C) 10:30 REfresh (C) 10:45 SilverFit (C) 11:30 Stir Fry Station (DR) 1:00 Leaf Rubbing (C) 1:30 Herbivore Facts(C) 2:00 The Modern Movement of Vegetarianism (C) 3:30 Bingo (C) 6:00 Juniper Gents (C)	2 9:30 Bible Discussion with Barb & Kathy (400) 10:00 Men's Group with John (400) 10:00 Villagers Gathering (400) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Scenic Drive (O) 3:00 Rummikub (400) 3:00 Crafting with Pinterest! "No Sew Burlap Pumpkins" (C) 4:00 GoldFit (2H)	3 10:00 Running Races at 103 (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Bible Study with Mark (C) 3:00 Manicures (*by appointment) (C) 6:00 Ladies Lounge (C)	4 10:00 Book Club (C) 10:15 Catholic Devotions (C) 10:30 REfresh (C) 10:50 Tai Chi (C) 1:00 GoldFit (2H) 1:30 Broom Ball (LR) 2:00 Chit Chat Cafe (C) 2:30 Troopons (C) 6:00 Theatre Experience "Remember the Titans" (400)	5 9:30 REfresh (C) 10:00 Exhale Yoga Class (C) 2:00 Uno (C) 4:00 Meditation Station Self Care (C) 6:00 Dominos (C)
6 9:45 Catholic Communion (C) 10:15 Guinness Records: Most Tattooed Senior (C) 10:45 Worship Service (C) 11:00 Sports Review (400) 12:30 Yoga (GS) 2:30 Coloring Club (C) 3:00 Card Games (C) 6:00 Rt 66 Walking Club (LR)	7 10:00 Featured Olympian: Oscar Swahn (C) 10:30 REfresh (C) 10:30 Pet Visits with Stella (GS) 10:45 Silverfit (C) 1:00 Goldfit (2H) 1:30 Vitality Checks (LR) 2:30 Bible Study with Rev Ulmer (LR) 3:00 Penmanship Pals (C) 3:30 Hymn Sing (LR)	8 10:00 Weird but Real Sports: Toe Wrestling (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Activity Committee (C) 2:00 Intro to Ikebana (C) 3:00 Expressive Art Class with Donna (GS) 3:30 Bingo (C)	9 9:30 Bible Discussion with Barb & Kathy (400) 10:00 Men's Group with John (400) 10:00 Ladies Group (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 AC Moore (O) 1:30 Sing Along with Mike (LR)* 3:00 Rummikub (400) 4:00 GoldFit (2H) 7:00 Rheem's Mennonite Church (LR)	10 10:00 Silverfit (C) 10:30 REfresh (C) 11:00 Resident Council & Food Committee (LR) 1:30 Pampering & Glamor Shots!(C) 6:30 Faith Bible Church Hymns & Devotions (LR)*	11 9:30 Chair Chi (GS) 10:00 Book Club (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Volleyball (LR) 2:30 Birthday Bistro (LR) 3:30 Troopons (C) 4:00 GoldFit (2H) 6:00 Theatre Experience "The Mighty Ducks" (400)	12 9:15 High Speed Bingo (C) 10:45 Silverfit (C) 2:00 Skip Bo (C) 2:00 Healing Music with Laurie & Tom, cello and flute (LR)* 4:00 Meditation Station Self Care (C) 6:00 Dominos (C)
13 9:45 Catholic Communion (C) 10:45 Worship Service (C) 1:30 A Royal Send -off! Miss PA, Miss Teen PA, Miss Lancaster County Visits (LR) 3:30 Miss America Trivia (C) 6:00 Rt 66 Walking Club (LR)	14 10:00 Featured Olympian: John Copley (C) 10:30 REfresh (C) 10:30 Pet Visits with Stella (GS) 10:45 Silverfit (C) 1:00 Goldfit (2H) 1:30 Nachos & Noodle Hockey (LR) 2:30 Bible Study with Rev Ulmer (LR) 3:30 Hymn Sing (LR) 6:00 Article Review: Technological Advancements that have Changed Sports (C)	15 10:00 Weird but Real Sports: Axe Throwing (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Most Colorful Natural Phenomena (C) 2:00 Best Friends REfresh & BINGO! (LR) 3:00 Rook (400)	16 9:30 Bible Discussion with Barb & Kathy (400) 10:00 Men's Group with John (400) 10:30 REfresh (C) 10:45 SilverFit (C) 11:30 Gus's (O) 1:30 Music with Jeanie (LR) * 3:00 Rummikub (400) 4:00 GoldFit (2H) 6:00 Scrabble (C)	17 10:00 Quick Cooks: Pumpkin Hummus (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Bible Study with Mark (C) 3:00 Manicures (*by appointment) (C)	18 Wear It Pink! 9:00 Janus School (O) 10:30 GoldFit (2H) 10:45 Tai Chi (C) 1:00 Pub Trivia (LR) 3:30 Troopons (C) 6:00 Theatre Experience "Tristan & Isolde" (400)	19 9:15 High Speed Bingo (C) 10:45 Silverfit (C) 2:00 Scrabble (C) 3:00 Aromatherapy with Jo (GS) 4:00 Meditation Station Self Care (C) 6:00 Dominos (C)
20 9:45 Catholic Communion (C) 10:15 Seasonal Sounds Creative Writing (C) 10:45 Worship Service (C) 12:30 Yoga (GS) 2:30 Coloring Club (C) 3:00 Card Games (C) 6:00 Rt 66 Walking Club (LR)	21 10:00 Featured Olympian: Lorna Johnstone (C) 10:30 REfresh (C) 10:30 Pet Visits with Stella (GS) 10:45 Silverfit (C) 1:00 Goldfit (2H) 1:30 Beer & Bowling (LR) 2:30 Bible Study with Rev Ulmer (LR) 3:30 Hymn Sing (LR) 6:00 Uno (C)	22 10:00 Weird but Real Sports: Cheese Rolling (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Baker's Corner: Maple Syrup Blondie Bars (C) 2:30 Holiday Art Project (C) 3:00 Technology and the Paralympics (C)	23 9:30 Bible Discussion with Barb & Kathy (400) 10:00 Men's Group with John (400) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Weiss (O) 1:00 Theatre Experience (400) 3:00 Rummikub (400) 3:30 Red Hat Ladies Group (GS) 4:00 GoldFit (2H)	24 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Bingo (C) 3:00 Ambassador Meeting (C) 3:30 Manicures (*by appointment) (C) 6:00 Halloween Spooktacular (LR)	25 9:30 Chair Chi (GS) 10:00 Book Club (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Volleyball (LR) 2:15 Concession Stand Cafe (LR) 3:30 Troopons (C) 4:00 GoldFit (2H) 6:00 Theatre Experience "Celtic Pride" (400)	26 9:15 High Speed Bingo (C) 10:45 Silverfit (C) 1:30 Chess & Checkers (C) 4:00 Meditation Station Self Care (C) 6:00 Dominos (C)
27 9:45 Catholic Communion (C) 10:30 Spelling Bee (C) 10:45 Worship Service (C) 12:30 Yoga (GS) 2:30 Coloring Club (C) 3:00 Card Games (C) 6:00 Rt 66 Walking Club (LR)	28 10:30 REfresh (C) 10:30 Pet Visits with Stella (GS) 10:45 Silverfit (C) 1:00 Goldfit (2H) 2:00 Lyric Masters (C) 2:30 Bible Study & Remembrance Reflections with Rev Ulmer 3:00 Penmanship Pals (C) 3:30 Hymn Sing (LR) 6:00 Rummikub (C)	29 10:00 Weird but Real Sports: Snail Racing (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:00 Lancaster's Haunted Attractions (C) 1:30 Best Friends Pumpkin Carving (C) 4:00 Feat. Artist: Leonid Afremov (C)	30 9:30 Bible Discussion with Barb & Kathy (400) 10:00 Men's Group with John (400) 10:30 REfresh (C) 10:45 SilverFit (C) 11:30 Country Table (O) 2:00 Bingo (C) 3:00 Rummikub (400) 4:00 GoldFit (2H) 6:00 Uno (C)	31 10:00 Are you Superstitious? (C) 10:30 REfresh (C) 10:45 SilverFit (C) 1:30 Halloween Happy Hour & Costume Contest with Mike Luckenbill (LR)* 1:30 Bible Study with Mark (C) 2:30 Best High Tech Halloween Displays (C) 3:00 Wise Women Council (400)	<div style="text-align: center;"> <h2>Quote of the Month</h2> <p>Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.</p> <p>- Billie Jean King</p> </div>	