

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Room Location Codes AB Allegheny Ballroom B Bistro CW Colonel Walker Room C Concierge FR Fitness Room FP Front Porch LT LaFayette Tavern O Outside ML Main Lobby P Patio G Juniper Gardens HRL Healthy Resource Library MDR Main Dining Room SR Shryock Room T Movie Theater	1 9:00 Massage, Manicures & Aroma Therapy (CW) 9:30 Silver Sneakers Exercise (ML) 1:00 Ice Cream Outing to Pizza Villa (O) 1:30 Bingo (MDR) 3:30 Tai Chi (SR) 5:30 Pet Visits & Short Reminisce Stories (ML)	2 Wear Your Favorite Sports Team Wear 10:00 Mindfulness with Karla (SR) 10:30 Technology Class (SR) 12:30 Linked Senior Games and Trivia (ML) 1:00 Exercise with Genesis (ML) 2:00 Special Olympics Presentation by Marilyn Leonhart (SR) REfresh (ML) 5:30 Movie: Bad News Bears (B)	3 9:30 Silver Sneakers Exercise (ML) 10:00 Daily Word (SR) 10:45 Volunteer to Make Dog Biscuits (CW) 1:30 Bingo (MDR) 3:00 Make Scarecrows & Autumn Reminisce (CW) 4:00 Connections Planning Committee Meeting (B) 5:30 Timeless Trivia (B)	4 Wear Your Pink for Breast Cancer Awareness 9:30 Balance in Motion 10:00 Daily Word (SR) 1:00 Pokeno (CW) 2:30 Happy Hour (LT) 5:30 ReFresh (ML) 6:30 Games (SR) 7:00 Inspirational Reading (ML)	5 Wear Your Favorite Sports Team Wear 10:00 Yoga with Valerie (ML) 12:30 Wii Bowling (SR) 2:00 Sing-Along with Carol* (MDR) 3:30 Slideshow on Baseball Hall of Fame (ML) 5:30 Movie: Caddyshack (B)
6 Wear Your Pink for Breast Cancer Awareness 10:00 Route 66 Walk - Meet in the ML 10:30 Catholic Communion (B) 2:00 Movie: Field of Dreams (B) 2:30 Traditional Church Service (MDR) 3:45 Meditation (B) 5:30 Trumpet Music (MDR) 8:15 Sunday Night Football (B)	7 10:00 Daily Word (SR) 10:45 Trivia (ML) 1:00 Exercise (ML) 2:00 Best Friend Ice Cream Social (MDR) 3:30 Poetry Reading (ML) 5:30 Balloon Volleyball (ML)	8 9:30 Silver Sneakers Exercise (ML) 10:00 Daily Word (SR) 10:45 Dining Committee (MDR) 1:30 Bingo (MDR) 3:00 Olympic Trivia (B) 5:30 Name that Sport on Linked Senior (ML)	9 Wear Your Favorite Sports Team Wear 10:00 Mindfulness with Karla (SR) 10:30 Technology Class (SR) 12:00 Lunch & Learn on Joint Replacement by Interim (LT) 12:15 Yahtzee (ML) 1:00 Exercise with Genesis (ML) 1:45 Linked Senior Games and Trivia (ML) 3:45 REfresh (ML) 5:30 Movie: Million Dollar Baby (B)	10 9:30 Silver Sneakers Exercise (ML) 10:00 Daily Word (SR) 10:30 Therapeutic Art with Debra (CW) 1:30 Bingo (MDR) 3:00 Men's Group (SR) 4:30 AIAS Dinner (MDR) 5:30 Oktoberfest Celebration with the Hamza's* (MDR)	11 Wear Your Pink for Breast Cancer Awareness 9:30 Balance in Motion & REfresh (ML) 10:00 Daily Word (SR) 10:45 Catholic Mass (B) 12:30 Word Games (SR) 2:30 Red Hat Tea (SR) 5:30 Hand and Eye Coordination Game (ML)	12 Wear Your Favorite Sports Team Wear 10:00 Yoga with Valerie (ML) 12:30 Wii Bowling (SR) 2:00 Movie: Miracle (B) 3:30 News & Views - (ML) 5:00 Volunteer to Invite Friends to Entertainment 5:30 Entertainment by Wil* (MDR)
13 Wear Your Pink for Breast Cancer Awareness 10:00 Route 66 Walk - Meet in the ML 10:30 Catholic Communion (B) 1:00 Scrabble Club (SR) 2:30 Sing-Along with our Amish Friends* (MDR) 3:45 Meditation (B) 5:30 Movie: National Velvet (B) 8:15 Sunday Night Football (B)	14 10:15 Church Service with Pastor Aabye - (MDR) 1:00 Exercise (ML) 2:00 Best Friend Ice Cream Social (MDR) 3:30 Dear Abby Dilemma's (ML) 5:30 ReFresh (ML) 6:15 Inspirational Reading (ML)	15 9:00 Massage, Manicures & Aroma Therapy (CW) 9:30 Silver Sneakers Exercise (ML) 1:00 Creative Cooking (SR) 1:30 Bingo (MDR) 3:30 Tai Chi (SR) 5:30 Pet Visits & Short Reminisce Stories with Carol (ML)	16 Wear Your Favorite Sports Team Wear 9:30 Trip: Shopping (Wal-Mart) 10:00 Mindfulness with Karla (SR) 10:30 Theralink Vitality Checks (ML) 12:00 Lunch & Learn (LT) 12:30 Technology Class (SR) 1:00 Exercise with Genesis (ML) 2:00 Volunteer to Make Tie Pillows (CW) 3:45 REfresh (ML) 7:00 Mennonite Singers* (ML)	17 9:30 Silver Sneakers Exercise (ML) 10:00 Daily Word (SR) 10:45 Resident Council Meeting (SR) 12:30 Drive to See the Fall Colors (O) 1:30 Bingo with Hermitage House Kids (MDR) 3:00 Make a Halloween Banner (SR) 5:30 Laughs with Carol Burnett (B)	18 Wear Your Pink for Breast Cancer Awareness 9:30 Balance in Motion & REfresh (ML) 10:00 Daily Word (SR) 1:00 You Be the Judge (ML) 2:30 Happy Hour with Beth from Empty Pockets* (LT) 5:30 Movement and Motion (ML) 6:30 Movie & Popcorn: The Game Plan (B)	19 Wear Your Favorite Sports Team Wear 10:00 Yoga with Valerie (ML) 12:30 Wii Bowling (SR) 2:00 Movie: Cool Runnings (B) 3:30 Word Puzzles (C) 5:30 Family Concert with Frank Marzanno* - (MDR)
20 Juniper Spirit Week 10:00 Route 66 Walk - Meet in the ML 10:30 Catholic Communion (B) 1:00 Outing to the Academy for Little Shop of Horrors 1:00 Movie: Seabiscuit (B) 2:30 Traditional Church Service (MDR) 3:45 Meditation (B) 5:30 Trumpet Entertainment (MDR)	21 Scarecrow Dress Up 10:00 Daily Word (SR) 12:30 Bingo at the Senior Center (O) 1:00 Exercise (ML) 2:00 Best Friend Ice Cream Social (MDR) 3:30 Halloween Hangman (ML) 5:30 Balloon Volleyball (ML) 6:30 Pick Out Your Halloween Costume (SR)	22 Show Your Colors: Tie Dye Tuesday 9:30 Silver Sneakers Exercise (ML) 10:30 Villagers Meeting with Doug Messerall - (SR) 1:30 Bingo (MDR) 3:00 Pumpkin Painting (CW) 5:30 Slideshow: Autumn Colors (ML) 7:00 World Series (B)	23 50's & 60's Dress Up 10:00 Mindfulness with Karla (SR) 10:30 Technology Class (SR) 12:30 Linked Senior Games and Trivia (ML) 1:00 Exercise with Genesis (ML) 2:00 Birthday Bash with Mike Shea & Friends* (MDR) 3:45 REfresh (ML) 5:30 Movie: The Sandlot (B) 7:00 World Series (B)	24 Best Friend Dress Up 9:30 Silver Sneakers: Bone Building Exercise (ML) 10:00 Daily Word (SR) 10:45 Make Halloween Treats (SR) 12:30 PAWS Therapy Dogs Visit 1:30 Bingo (MDR) 3:00 Volunteer to Prepare Halloween Treats (CW) 6:00 Trick or Treat on Chestnut Street 7:00 World Series (B)	25 Wear Your Favorite Sports Team Wear 9:30 Balance in Motion & REfresh (ML) 10:00 Daily Word (SR) 1:00 Outing to a Movie with CC Care Center (O) 2:00 Presentation by Special Olympic Medalist Lawrence Smith (SR) 3:30 Men's Group (ML) 5:30 ReFresh (ML) 6:30 Chicken Soup for the Soul Stories (ML) 7:00 World Series (B)	26 Wear Your Favorite Sports Team Wear 10:00 Yoga with Valerie (ML) 12:30 Wii Bowling (SR) 2:00 Movie: Remember the Titans (B) 3:30 News & Views - (ML) 5:30 Entertainment by the Zocks* (MDR) 7:00 World Series (B)
27 Wear Your Pink for Breast Cancer Awareness 10:00 Route 66 Walk - Meet in the ML 10:30 Catholic Communion (B) 2:00 Movie: The Longest Yard (B) 2:30 Traditional Church Service (MDR) 3:45 Meditation (B) 5:30 Music Therapy with Missy* (ML) 7:00 World Series (B) 8:15 Sunday Night Football (B)	28 10:00 Daily Word (SR) 1:00 Exercise (ML) 2:00 Best Friend Ice Cream Social (MDR) 2:00 Alzheimer's Support Group with Active Aging (O) 3:30 Trivia (ML) 6:00 Remembrance Service with Nancy Manning (SR) 7:00 World Series Celebration (B)	29 9:30 Silver Sneakers Exercise (ML) 10:00 Daily Word (SR) 11:00 Outing to Lunch at Pizza Villa (O) 1:30 Bingo (MDR) 3:00 Volunteer to Make Cards for Hospice (CW) 5:30 Halloween Superstitions (ML)	30 Wear Your Favorite Sports Team Wear 10:00 Mindfulness with Karla (SR) 10:30 Technology Class (SR) 12:30 Linked Senior Games and Trivia (ML) 1:00 Exercise with Genesis (ML) 1:30 Resident Rights Bingo with Julie (MDR) 3:45 REfresh (ML) 5:30 Documentary: The Short Game (B)	31 In the Spirit of Halloween Dress-Up Day 9:30 Silver Sneakers Exercise (ML) 9:30 Senior Center Book Club (O) 10:00 Daily Word (SR) 1:30 Bingo with Hermitage House Kids (MDR) 3:00 Halloween Party (LT) 5:30 Movie: Hocus Pocus (B)	<div style="text-align: center;"> <h2>Quote of the Month</h2> <p>Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.</p> <p>- Billie Jean King</p> </div>	