

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Room Location Codes</p> <p>William Lathrop Arts Center WLAC 1, 2 & 3</p> <p>Village Gateway VG</p>	<p>1</p> <p>11:15 Exercise: Beach Ball Toss 1:00 Tuesday Trivia: Australia 1:30 Floral Arranging in Australia 2:30 Australian Trifle 3:30 J.T. Trinacria Swinging Standards 6:00 LS: Spin & Solve</p>	<p>2</p> <p>10:45 Bible Study: Pastor Scott Mitchell (WLAC-1) 11:15 Exercise: Wednesday Warm Up 11:30 Pet Therapy: Yogi 1:00 Incredible Edibles: Baking Cookies 3:00 Hydration Station 3:30 Aromatherapy & Hand Massages 6:00 Lucky Dice</p>	<p>3</p> <p>9:30 REfresh . . . Body, Mind & Spirit 10:00 Music & Memory 10:30 Shadow of His Wings: Inspirational Poetry 11:00 LS: Joke of the Day 1:00 Fun Fitness w/Shawn Hagney 1:30 Guest Speaker: Olympics: Where and When? 2:00 LS: Funny Twin Baby Videos</p>	<p>4</p> <p>9:30 LS: TED Talks: Football 10:00 LS: Bingo w/ Dot 10:45 Shabbat Service 1:00 Strength and Guidance; Poetry 1:30 Friday Fact or Fiction? 3:00 Hydration Station</p>	<p>5</p> <p>9:30 LS: Magazine 10:00 Magnetic Rocket Game 12:00 Brunch of the Month: Sports Healthy 2:00 Meditation: Peace of Mind 3:00 Viewer's Choice Movie</p>
<p>6</p> <p>9:00 LS: Magazine 9:30 Meditation: Pause and Reflect 10:00 Ring Toss 11:00 St. Ephrem's Communion Service 1:00 Football & Fun: Eagles vs NY Jets 2:00 Heartfelt Hymns 3:00 Sunday Cinema: The Longest Yard</p>	<p>7</p> <p>9:00 Music & Memory 9:30 LS: Fact or Fiction? 10:30 Pet Therapy with Molly 1:00 Guest Speaker: History of the Olympics 1:30 LS: Tech: Painter's Palette 2:00 Pinterest: Creative Coloring</p>	<p>8</p> <p>10:30 News & Views 11:15 Exercise: Light & Lively 1:00 LS: Bingo 1:30 Fantastic Flower Arranging 2:30 Aromatherapy & Hand Massages 3:00 Hydration Station 6:00 Parcheesi w/ Pals</p>	<p>9</p> <p>Yom Kippur</p> <p>10:45 Bible Study: Pastor Mathew Philip (WLAC-1) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Delectable Desserts: Cookie Baking 2:30 Methodist Church Service 3:30 LS: Foods for Yom Kippur 6:00 Calming Coloring</p>	<p>10</p> <p>9:30 REfresh . . . Body, Mind & Spirit 10:00 LS: Weather & Current Events 10:30 My Hand in His: Inspirational Poetry 1:00 Fun Fitness w/Shawn Hagney 2:00 Fresh Fruit Social 3:00 Mindful Meditation: Quiet Peace 6:00 Strolling Guitar Sports Theme Songs w/ Bob Tomlinson</p>	<p>11</p> <p>10:00 Music & Memory 10:45 Shabbat Service 1:00 Poetry: Your Faith in Action 1:30 LS: Hangman 2:00 Conversation Corner w/ Bill 2:30 Sports Controversies & Conflicts w/Rochelle Christopher (WLAC-1)</p>	<p>12</p> <p>9:30 LS: Daily Chronicle 10:00 Reminisce: Spectator Sports 10:30 Bean Bag Toss 1:00 LS: OctoberFEAST, Peddlers Village, Lahaska, Pa 1:30 Apple Cider Donuts 2:30 Men's Manicures 3:00 Viewer's Choice Movie</p>
<p>13</p> <p>9:00 LS: Magazine 9:30 Reflection: Words of Blessing 10:00 Horseshoes 11:00 St. Ephrem's Communion Service 1:00 Football & Fun: Eagles vs Minnesota Vikings 1:30 Spiritual Hymns w/Nick Fratelli (C&W) 3:00 Sunday Cinema: Angels in the Outfield</p>	<p>14</p> <p>Columbus Day</p> <p>10:00 Music & Memory 10:30 Pet Therapy with Molly 11:00 Trivia Time: Sukkot 11:30 Red Hat Luncheon (WLAC-2, 3) 1:00 Columbus Day Coloring 1:30 LS: Weather 3:00 Hydration Station</p>	<p>15</p> <p>10:30 Fact or Fiction? 11:15 Exercise: Tuesday Tone Up 1:00 Sing & Socialize 2:00 Fresh Flower Arranging 3:00 Mindful Meditation: Peace of Mind 6:00 LS: Shuffle Scuffle</p>	<p>16</p> <p>10:45 Bible Study: Pastor Tom Dingwal (WLAC-1) 11:15 Exercise: Wednesday Workout 11:30 Pet Therapy: Yogi 1:00 Baking Bash: Cookies 1:00 Miracle Ear, Dr. Kyle (WELL) 3:30 Sport Theme Songs w/Marcus Chaney 6:00 LS: Hangman</p>	<p>17</p> <p>Birthday Day: Country Harvest Festival</p> <p>9:30 REfresh . . . Body, Mind & Spirit 10:00 LS: C4L Focus: Bone and Joint Health 10:30 A New Day Dawning: Inspirational Poetry 12:00 Birthday Dinner: Singing Happy Birthday w/ Nancy 1:00 LS: Quotes of the Day 1:30 Fun Fitness w/Shawn Hagney 5:00 Colorful Harp w/Mary Cupo-Cruz</p>	<p>18</p> <p>10:00 Music & Memory 10:30 LS: Joke of the Day 10:45 Shabbat Service 1:00 Olympics: Summer Sports 1:30 The Riches of His Grace; Poetry 2:00 Best Friends Ice Cream Sundae Social 3:00 Hydration Station</p>	<p>19</p> <p>9:00 LS: Daily Chronicle 9:30 LS: Tech: Crazy Keys 10:00 Magnetic Rocket Game 1:00 Bingo w/ Bella 2:00 Aromatherapy & Hand Massages 3:00 Viewer's Choice Movie</p>
<p>20</p> <p>9:00 LS: Magazine 9:30 Contemplation: Food for the Soul 10:00 Ball Darts 11:00 St. Ephrem's Communion Service 1:00 Holy Hymns 3:00 Sunday Cinema: A League of their Own</p>	<p>21</p> <p>9:30 LS: Fact or Fiction? 10:00 Music & Memory 10:30 Pet Therapy with Molly 1:00 Olympics: Winter Sports 1:30 Creative Coloring 3:00 Hydration Station</p>	<p>22</p> <p>World Series</p> <p>10:30 News & Views 11:15 Exercise: Balloon Volleyball 1:30 Flower Arranging in Bolivia w/Sylvia 2:30 Bolivian Desserts: Lemon Pie 3:00 Men's Club: World Series Trivia 6:00 Mexican Train Dominoes</p>	<p>23</p> <p>10:45 Bible Study: Pastor Mathew Philip (WLAC-1) 11:15 Exercise: Stretch & Flex 11:30 Pet Therapy: Yogi 1:00 Cookie Connoisseurs: Baking 1:30 Villagers Program w/ Marilyn Guzman 3:00 Hydration Station 6:00 Crazy 8 Cards</p>	<p>24</p> <p>9:30 REfresh . . . Body, Mind & Spirit 10:00 Music & Memory 10:30 He is our Refuge: Inspirational Poetry 1:00 Current Events 1:30 Fun Fitness w/Shawn Hagney 2:00 Aromatherapy & Hand Massages</p>	<p>25</p> <p>9:30 LS: Tech: Music Box 10:00 LS: Bingo w/ my BFF 10:45 Shabbat Service 1:30 Canine Conversation w/Judy & Amber 2:00 Poetry: The Winds of Fate 2:30 Perusing the Newspaper 3:00 Hydration Station</p>	<p>26</p> <p>9:00 LS: Daily Chronicle 9:30 Musical Meditation 10:00 Knock it Down 1:00 Pinterest: Pumpkin Painting 1:30 Dirt Pudding Parfaits 3:00 Viewer's Choice Movie</p>
<p>27</p> <p>9:00 LS: Daily Chronicle 9:30 Inspiration: Hope Renewed 10:00 Basketball Toss 11:00 St. Ephrem's Communion Service 1:00 Football & Fun: Eagles vs Buffalo Bills 1:30 Spiritual Hymns w/Nick Fratelli (C&W) 3:00 Sunday Cinema: Field of Dream</p>	<p>28</p> <p>Mental Health Awareness Day</p> <p>10:00 Music & Memory 10:30 Pet Therapy with Molly 11:30 Resident Council & Food Committee: Salads w/ Fruit 1:00 Mindful of our Mental Health 2:00 Whimsical Word Game 3:00 Hydration Station</p>	<p>29</p> <p>10:30 Current Events 11:15 Exercise: Morning Movement 1:30 Jamaican Jewels: Flower Arranging 2:30 Jamaican Banana Muffins 6:00 Cracker Barrel Checkers w/Bill</p>	<p>30</p> <p>10:30 Current Events 11:15 Exercise: Morning Movement 1:30 Jamaican Jewels: Flower Arranging 2:30 Jamaican Banana Muffins 6:00 Cracker Barrel Checkers w/Bill</p>	<p>31</p> <p>Happy Halloween</p> <p>9:30 REfresh . . . Body, Mind & Spirit 10:00 LS: Joke of the Day 10:30 In-Words 1:00 Olympics: Special Olympics 1:30 Halloween Spooktacular Poetry Reading 2:30 Juniper's 3rd Halloween Contest Party w/Resident & Staff w/Lou Airello (WLAC 1 2)</p>	<p>Quote of the Month</p> <p>Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.</p> <p>- Billie Jean King</p>	