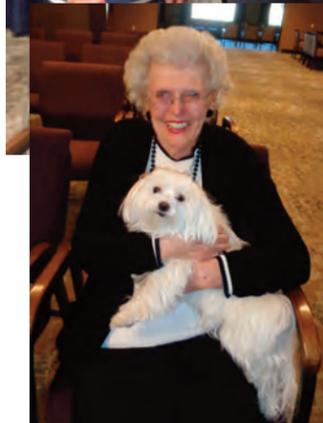


Weekends at Juniper . . .



We all look forward to the weekends! Theatre outings, volunteer opportunities, presentations, art classes, mixology cocktail events, spiritual services and entertainment are just a sampling here at Juniper Village. Juniper residents and friends discovered the drums with Venezuelan native Francesco Rios. He shared an assortment of instruments including "clave" wooden sticks that create Latin rhythm, tambourine, conga and bongo drums. Francesco presented on the history and fabrication of the instruments, including the evolution of South American drum culture and the gaining popularity in the United States. Beating to the rhythm at Juniper Village!

We are looking forward to the return of Macie, our visiting 6-year-old Maltese reading friend, and Victoria Peck. Victoria leads a reading group while Macie patiently warms our laps and provides some great snuggling opportunities! Join in on this experiential reading event, on May 26th, on our tranquil Sky Park patio!



**A LIFE PLAN COMMUNITY  
AT BUCKS COUNTY**

3200 Bensalem Boulevard  
Bensalem, PA 19020  
215.752.2370  
215.752.1672 Fax

[www.junipercommunities.com](http://www.junipercommunities.com)



Check out our Blogspot at: <http://www.junipercommunities.com/voices-on-aging/>

the  
**village view**  
may 2019

**Branching Out**

A monthly contribution from our founder Lynne Katzmann

*Partnership*

Juniper has always believed in the value of partnership—partnerships between residents and our Associates, our Associates and families and our ancillary providers, our community and the community at large whether that be the medical community or the local town and businesses. Partnership is one of the keys to our success.

What makes a partnership work? A shared respect? A shared goal? An agreement on the terms of engagement? Consider this statement:

“Partnerships must be guided by a shared vision and purpose that builds trust and recognizes the value and contribution of all members.”

I agree. It is simple and true. But now we need to talk about the “how”! I think the answer may also be simple. We need to get to know each other and commit to building relationships. We need to be open and we need to listen. We need to know the people and the situation.

Partnership in health care is even more important today than ever. Juniper’s integrated care program, Connect4Life is built around partnership at all levels. Partnerships between those who provide our community based services, the ancillary services provided on site and the specialty services provided off site are what make Connect4Life and our positive outcomes a reality. Shared values and a continued commitment to communication is what makes Connect4Life a success. And if Connect4Life is successful, it means a better quality of life for all of our stakeholders.



**Grow Strong Daily**

When you hear the words “grow strong”, physical strength probably comes to mind. But being strong means so much more than physical strength. At Juniper, our commitment to nurturing your spirit of life is accomplished by encouraging an active body, an engaged mind and a fulfilled spirit. We focus not only on outward physical strength, but inner strength as well.

Inner strength is not as obvious as outward physical strength. But if you look for it, you may read it in someone’s calm demeanor, tenacious spirit or resilience. As physical strength must be worked at, inner strength must be worked at as well. As we continue our focus on healthy aging this quarter we encourage you to join us on this journey of growth by growing stronger physically, mentally and spiritually. We will do this by exercising with guest fitness instructors, and hosting educational lectures ranging in topics from heart health to arthritis to osteoporosis. Through our REfresh program we present unique opportunities to practice mindfulness and whole person wellness. We will also explore the use of technology with fitness apps that demonstrate exercises, track health stats, help you meditate, offer spiritual guidance and more. Join us this month and **Grow Strong Daily**.

**This Month at Bucks County**

**MAY 9TH, AT 1:30 PM  
LET’S CELEBRATE NATIONAL NURSING HOME  
WEEK, ‘SHINING STARS’**

**MAY 12TH, AT 2:30 PM  
MOTHER’S DAY TEA & TASTY CAKES**

**MAY 27TH, AT 1:00 PM  
MEMORIAL DAY TRIVIA W/PATRIOTIC PARFAITS**

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