

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**Quote of the Month**

Happiness is your own treasure because it lies within you.

- Prem Rawat

**Read Across America Day**  
 9:30 Exercise: Friday Fitness  
 10:00 LS: C4L Health: Diabetes Alert Awareness  
 10:45 Shabbat Service  
 1:00 Read to Me  
 1:30 Quarterly Memorial Service  
 2:30 Music & Memory  
 3:00 Inspirational Poetry: Pause and Reflect

9:30 LS: Magazine  
 10:00 LS: Bingo  
 10:30 Balloon Volleyball  
 12:00 Brunch of the Month: with Performers  
 1:00 LS: Hollywood Trivia  
 3:00 Viewer's Choice Movie

9:00 Meditation Hope Renewed  
 9:30 Ball Darts  
 11:00 St. Ephrem's Communion Service  
 1:30 Sentimental Sing a Long  
 2:30 Creative Coloring  
 3:30 Sunday Cinema: Gigi

9:30 Exercise: Monday in Motion  
 10:00 LS: Daily Chronicle  
 10:30 Pet Therapy with Molly  
 1:00 Music & Memory  
 2:00 LS: Old Time Radio Performers w/Bill Eldridge  
 3:00 Graffiti in Greece

**Shrove Tuesday/Mardi Gras**  
 11:15 Tuesday Trim Up  
 1:30 Community & Family Folk Singing & History w/Dan Pell  
 2:30 Flower Arranging for Mardi Gras  
 3:30 Mardi Gras Carnival  
 4:00 Hydration Station w/Donuts  
 6:00 Checkers Tournament

**Ash Wednesday**  
 10:45 Bible Study: Pastor Scott Mitchell (A1)  
 11:15 Wednesday Wake Up  
 11:30 Pet Therapy: Yogi  
 1:00 Sweet Treats: Cookie Baking  
 2:00 Wednesday Word Challenge  
 3:00 Hydration Station  
 4:00 Aromatherapy & Hand Massages  
 6:00 Pig Dice

9:30 Exercise: Ball Toss  
 10:00 Music & Memory  
 10:30 Inspirational Poetry: A New Day Dawning  
 1:00 Fun Fitness w/Shawn Hagney  
 1:30 LS: Bingo with my BFF  
 2:00 Men's Manicures  
 2:30 LS.: Trying Out for Drama Club

9:30 Exercise: Balloon Volleyball  
 10:00 LS: Performers Around the World  
 10:45 Shabbat Service  
 1:00 Inspirational Poetry: Quiet Peace  
 1:30 Fresh Fruit Social  
 3:00 A Day at the Spa

9:30 LS: Magazine  
 10:00 Bean Bag Toss  
 10:30 Reminisce: Performers of the Past  
 1:00 Music in Color w/Lower Bucks Youth Group (A3)  
 1:30 Sing & Socialize with Fruit Parfaits  
 3:00 Viewer's Choice Movie

**Daylight Saving**  
 9:00 Reflection: Symbols of His Love  
 9:30 LS: Magazine  
 10:00 Magnetic Rocket Game  
 11:00 St. Ephrem's Communion Service  
 1:30 Hymns w/Nick Fratelli  
 2:30 Color My World w/Nancy Eberly  
 3:30 Sunday Cinema: The Producers

9:30 Exercise: Morning Movement  
 10:00 Music & Memory  
 10:30 Pet Therapy with Molly  
 11:30 Red Hat Luncheon (A2 & A3)  
 1:00 Whimsical Word Game  
 2:00 LS: Movie Star Trivia  
 2:30 L.S.: High School Musicals

11:15 Exercise: Ball Toss  
 1:30 Flower Arranging in Ireland  
 2:30 Irish Music  
 3:30 Hydration Station  
 4:00 Poring Over Puzzles  
 5:00 Soothing Dinner Harp Music w/Mary Cupo-Cruz  
 6:00 Shuffle Scuffle

10:45 Bible Study: Pastor Mathew Philip (A1)  
 11:15 Exercise: Wednesday Warm Up  
 11:30 Pet Therapy: Yogi  
 1:00 Baking Bash: Kiss Me I'm Irish Cookies  
 2:30 Methodist Church Service  
 3:30 Hydration Station  
 6:00 LS: Blackjack

9:30 Exercise: Light & Lively  
 10:00 Music & Memory  
 10:30 Inspirational Poetry: The Riches of His Grace  
 1:00 Fun Fitness w/Shawn Hagney  
 2:00 Pinterest: Making Shamrocks  
 3:00 LS: Irish Dancing

9:30 Exercise: Friday Fitness Fun  
 10:00 Coffee & Conversation  
 10:45 Shabbat Service  
 1:00 Strength and Guidance Poetry: My Hand in His  
 1:30 LS: Bingo  
 3:00 Aromatherapy & Hand Massages

9:30 LS: Daily Chronicle  
 10:00 Balloon Volleyball  
 10:30 LS: Famous Irish American Performers  
 1:00 Socialize w/Shamrock Shakes  
 1:30 Beading: Irish Jewelry  
 3:00 Viewer's Choice Movie

**Saint Patrick's Day**  
 9:15 St. Patty's Day Parade in Philadelphia, Pa  
 10:30 Contemplation: Peace of Mind  
 11:00 St. Ephrem's Communion Service  
 1:30 Soulful Sing a Long  
 2:30 Reminisce: St. Patty's Day Parties  
 3:30 Sunday Cinema: Carousel

9:30 Exercise: Move & Groove  
 10:00 Music & Memory  
 10:30 Pet Therapy with Molly  
 2:30 Witty Word Game  
 3:00 Ice Cream Sundaes  
 3:30 Hydration Station

11:15 Exercise: Tuesday Trim Up  
 1:30 Spring Flower Arranging w/Annie Schu  
 2:30 Men's Club: March Madness  
 3:00 Hydration Station  
 4:30 Nightly News  
 6:00 Puzzling w/Pals

**First Day of Spring**  
 10:45 Bible Study: Pastor Tom Dingwall (A1)  
 11:15 Exercise: Stretch & Flex  
 11:30 Pet Therapy: Yogi  
 1:00 Sweet Treats: Cookie Baking  
 1:00 Miracle Ear, Dr. Kyle (WELL)  
 3:00 LS: Artistic Dancing  
 6:00 Rummikub

**Birthday Day**  
 9:30 Exercise: Focused Fitness  
 10:00 Trivia Time: Purim  
 10:30 Inspirational Poetry: Your Faith in Action  
 1:00 LS: Daily Chronicle  
 1:30 Fun Fitness w/Shawn Hagney  
 2:00 LS: Bingo w/Birthday Prizes  
 3:30 Aromatherapy & Hand Massages

9:30 Exercise: Balloon Volleyball  
 10:00 Music & Memory  
 10:45 Shabbat Service  
 1:00 Strength and Guidance Poetry: The Winds of Fate  
 1:30 L.S.: Broadway Shows  
 2:00 Mexican Train Dominoes

9:30 LS: Magazine  
 10:00 Magnetic Rocket Game  
 10:30 Pinterest: Spring Flowers  
 1:00 Spring Fling w/Friends & Family  
 2:00 LS: Famous Couples  
 3:00 Viewer's Choice Movie

9:00 LS: Magazine  
 9:30 Meditation: Hands of Time  
 10:00 Bean Bag Toss  
 11:00 St. Ephrem's Communion Service  
 1:30 Hymns w/Nick Fratelli  
 2:30 The Art of Storytelling w/Nancy

9:30 Exercise: Monday in Motion  
 10:00 Music & Memory  
 10:30 Pet Therapy with Molly  
 11:30 Resident Council & Food Committee: Diabetic Desserts  
 1:00 Organic Dog Treats w/Volunteer  
 2:30 Word Challenge

11:15 Exercise: Light & Lively  
 1:30 Flirty Flower Arranging  
 2:30 LS: Beautiful Scenery with Calming Music  
 3:00 LS: Spin & Solve  
 6:00 Reading: Poems for Life

10:45 Bible Study: Pastor Mathew Philip (A1)  
 11:15 Exercise: Wednesday Wake Up  
 11:30 Pet Therapy: Yogi  
 1:00 Villagers Program: w/Marilyn Guzman  
 2:00 Incredible Edibles: Cookie Baking  
 3:00 L.S.: Broadway Musicals of the Past  
 3:30 Hydration Station  
 6:00 Expressive Readings

9:30 Exercise: Stretch & Flex  
 10:00 Music & Memory  
 10:30 Shadow of His Wings: Inspirational Poetry  
 1:00 LS: Joke of the Day  
 1:30 Fun Fitness w/Shawn Hagney  
 2:00 LS: Folk Dancing for Fun

**National Vietnam War Veteran's Day**  
 9:30 Exercise: Ball Toss  
 10:00 LS: Patriotic Trivia  
 10:45 Shabbat Service  
 1:00 Strength and Guidance: Poetry  
 1:30 Hydration Station w/Patriotic Parfaits  
 2:00 LS: Bingo

9:30 LS: Daily Chronicle  
 10:00 Knock It Down  
 10:30 Classical Coffee Hour  
 1:00 LS: Marching Bands  
 1:30 Art w/Lily  
 3:00 Viewer's Choice Movie