

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	9:30 Exercise: Monday in Motion 10:00 LS: Daily Chronicle 10:30 Pet Therapy with Molly 1:00 Witty Word Game 2:00 Organic Dog Treats w/Volunteer 3:00 Hydration Station w/Fresh Fruit Parfaits	11:15 Exercise: Tuesday Trim Up 1:30 Fanciful Flower Arranging in France 2:30 LS: French Films & Music 3:00 Tea w/French Pastries 4:00 Aromatherapy & Hand Massages 6:00 L.S.: Spin & Solve	10:45 Bible Study: Pastor Scott Mitchell (WLAC-A1) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Sweet Treats: Cookie Baking 2:00 Music & Memory 3:00 Hydration Station 6:00 UNO Card Game	9:30 Exercise: Thursday Tone Up 10:00 Brain Builder 10:30 Shadow of His Wings: Inspirational Poetry 1:00 Fun Fitness w/Shawn Hagney 1:30 Therapy Lecture (A1) 2:30 LS: Tech: Music Box 4:00 Mindfulness Meditation	9:30 Exercise: Friday Fitness 10:00 Finish the Phrase 10:45 Shabbat Service 1:00 Strength and Guidance; Poetry 1:30 LS: Bingo 2:00 Men's Club: Master's Golf Tournament: Bill Eldridge 3:00 Hydration Station	Oma's Birthday 9:00 LS: Magazine 9:30 Music & Memory 10:00 Magnetic Rocket Game 12:00 Brunch of the Month: Brain Healthy for Oma's Birthday 1:00 Trivia Time: U.S. Presidents 3:00 Viewer's Choice Movie
7	8	9	10	11	12	13
9:00 LS: Magazine 9:30 Meditation: Food for the Soul 10:00 Ball Darts 11:00 St. Ephrem's Communion Service 1:30 Hymns w/Nick Fratelli 3:00 Healthy Brain w/Mindful Exercise/Southeastern/Cassie Porini (WLAC-A1) 3:30 Sunday Cinema: Willie Wonka & the Chocolate Factory	9:30 Exercise: Morning Movement 10:00 Music & Memory 10:30 Pet Therapy with Molly 11:30 Red Hat Luncheon (WLAC-A2 & A3) 1:30 Word Challenge 3:00 Hydration Station w/Snacks	11:15 Exercise: Tuesday Tone Up 1:30 Flower Arranging w/ my BFF 2:30 Aromatherapy & Hand Massages 3:00 Haitian Fruit Parfaits w/Dot Hahn 3:30 LS: Music & Customs of Haiti 5:00 Harp Showers Bedside Harp w/ Mary Cupo-Cruz 6:00 L.S.: Hangman	10:45 Bible Study: Pastor Mathew Philip (A1) 11:15 Exercise: Wednesday Work Out 11:30 Pet Therapy: Yogi 1:00 Baking Bash: Cookie Baking 2:30 Methodist Church Service 3:30 Hydration Station 6:00 Pig Dice Game	9:30 Exercise: Soothing Stretches 10:00 Music & Memory 10:30 He is our Refuge: Inspirational Poetry 12:00 Brain Healthy Dinner Party 1:00 Mindful Meditation 1:30 Fun Fitness w/Shawn Hagney 2:00 Brain Builder 3:00 Hydration Station	9:30 Exercise: Friday Fitness 10:00 Current Events w/Coffee 10:45 Shabbat Service 1:00 LS: Bingo 1:30 Men's Manicures 2:00 LS: Tech: Crazy Keys 3:00 Words of Blessing: Poetry	9:30 LS: Daily Chronicle 10:00 Magnetic Rocket Game 10:30 Jigsaw Puzzles 1:00 Pinterest: Painting a Rainbow w/Lily 1:30 Ice Cream Floats 3:00 Viewer's Choice Movie
14	15	16	17	18	19	20
Palm Sunday 9:00 LS: Daily Chronicle 9:30 Contemplation: Palms of Peace 10:30 Basketball Toss 11:00 St. Ephrem's Communion Service 1:30 Entertainment: w/Steve Pollack 2:30 Sunday Cinema: Gone with the Wind	9:30 Exercise: Monday in Motion 10:00 LS: Joke of the Day 10:30 Pet Therapy with Molly 1:00 LS: Chalked Words 2:00 Getting Acquainted: Penny Ante Game 3:00 Hydration Station w/Snacks	National Healthcare Decisions Day 11:15 Exercise: Ball Toss 1:00 LS: National Healthcare Decisions Day 1:30 Flower Arranging in Hawaii 2:30 Pineapple Parfaits 3:00 Senior Medicare Patrol Carie Agency w/Sandi Diamond (WLAC-A1) 3:30 Music & Memory 6:00 Go Fish Card Game	10:45 Bible Study: Pastor Tom Dingwall (A1) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Incredible Edibles: Cookie Baking 1:00 Miracle Ear, Dr. Kyle (WELL) 3:00 Aromatherapy & Hand Massages 6:00 Skip Bo Card Game	Birthday Day 9:30 Exercise: Light & Lively 10:00 Cranium Crunches 10:30 Inspirational Poetry: A New Day Dawning 1:00 Fun Fitness w/Shawn Hagney 1:30 Singing Happy Birthday w/Cake 3:00 Reminisce: Famous Golfers During WWII 3:30 Entertainment: w/ Marcus	Good Friday 9:30 Exercise: Balloon Volleyball 10:00 Music & Memory 10:45 Shabbat Service 1:00 LS: Bingo 1:30 Men's Club: Baseball Greats w/Bill Eldridge 2:00 LS: Tech: Painter's Palette 2:30 Inspirational Poetry: Pause & Reflect	First Day of Passover 9:30 LS: Magazine 10:00 Ring Toss 10:30 L.S.: Passover Trivia 1:00 Pinterest: Passover Craft 1:30 Mindful Meditation 3:00 Viewer's Choice Movie
21	22	23	24	25	26	27
Easter 9:00 LS: Magazine 9:30 Reflection: He is our Refuge 10:00 Ring Toss 11:00 St. Ephrem's Communion Service 1:30 Entertainment: w/John Callaghan 3:00 Sunday Cinema: Easter Parade	Earth Day 9:30 Exercise: Monday in Motion 10:00 Music & Memory 10:30 Pet Therapy with Molly 11:30 Resident Council & Food Committee: Dietetic Desserts 1:00 Earth Day Trivia 1:30 BEE-lieve in Yourself w/Annie Williams 3:00 L.S.: Earth Day, Morris Arboretum, Philadelphia, Pa	11:15 Exercise: Stretch & Flex 1:30 Fantastic Flower Arranging w/Sylvia McCarthy 2:30 L.S.: Flowers in Fiji 3:00 Fruit from Fiji 3:30 Hydration Station 6:00 L.S.: Shuffle Scuffle	10:45 Bible Study: Chaplain Howard Brooks (A1) 11:15 Exercise: Wednesday Warm Up 11:30 Pet Therapy: Yogi 1:00 Sweet Treats: Cookie Baking 1:30 Villagers Program: w/Marilyn Guzman 2:30 Mindful Meditation 6:00 L.S.: Spin & Solve	9:30 Exercise: Thursday Tone Up 10:00 Music & Memory 10:30 Shadow of His Wings: Inspirational Poetry 1:00 Brain Builder 1:30 Fun Fitness w/Shawn Hagney 2:00 Green Tea Social Celebration in Recognition of our Volunteers	9:30 Exercise: Ball Toss 10:00 April Showers: Painting a Rainbow 10:45 Shabbat Service 1:00 Strength and Guidance; Poetry 1:30 Aromatherapy & Hand Massages 2:00 Ice Cream Floats	9:30 L.S.: Daily Chronicle 10:00 Conversation Corner w/Coffee 10:30 LS: Tech: Music Box 1:00 Balloon Volleyball 1:30 Parcheesi w/Pals 3:00 Viewer's Choice Movie
28	29	30	 <div style="text-align: center;"> <p>“Quote of the Month”</p> <p>Believe in yourself. You are enough.</p> <p>- Caroline Ghosn</p> </div>			
9:00 LS: Daily Chronicle 9:30 Inspiration: Symbols of His Love 10:00 Bean Bag Toss 11:00 St. Ephrem's Communion Service (WLAC-A1) 1:30 Heartfelt Hymns w/Nick Fratelli 3:00 Sunday Cinema: Pretty Woman	9:30 Exercise: Monday in Motion 10:30 Pet Therapy with Molly 1:00 The Word Challenge 2:00 Cracker Barrel Checkers 3:00 Cracker Barrel Cheese & Crackers 3:30 Hydration Station	11:15 Exercise: Focused Fitness 1:30 Flower Arranging in Estonia 2:30 L.S.: Music in Estonia 3:00 Hydration Station 4:00 Music & Memory 6:00 L.S.: Deal or No Deal				