


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:30 Exercise: Monday in Motion 10:00 Daily Chronicle 10:30 Pet Therapy with Molly 1:00 Word Challenge 2:00 Refresh Program 2:30 Spanish Rice Pudding w/Spanish Music 3:00 Very Special Olympics w/Wood Services (A)	<b>2</b> 11:15 Exercise: Tuesday Tone Up 1:00 Brain Booster 1:30 Flower Arranging with my BFF 2:30 Puzzles w/Pals 3:00 Mindful Meditation 3:30 Music & Memory 6:00 Train Dominoes	<b>3</b> 10:45 Bible Study: Pastor Scott Mitchell (A) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Sweet Treats: Cookie Baking 2:00 Have Guitar Will Travel w/ Bill Frye 2:30 Aromatherapy & Hand Massages 6:00 Dice Games	<b>4</b> 9:30 Exercise: Thursday Tone Up 10:00 Music & Memory 10:30 Guest Speaker: Olympics 1:30 Traveling Guitar Show w/Eve Reheard 2:30 News & Views 3:00 Hydration Station 3:30 Food for the Soul: Inspirational Poetry	<b>5</b> 9:30 Exercise: Friday Fitness 10:00 LS: Magazine 10:30 L.S.: TED Talks: Football 10:45 Shabbat Service 1:00 Strength and Guidance: Poetry 1:30 LS: Bingo 2:00 LS: Tech: Painter's Palette	<b>6</b> 9:30 LS: Fact or Fiction? 10:00 Reminiscence: School Sports 12:00 Brunch of the Month: Sports Healthy 1:00 Sentimental Sing a Long 2:00 Hydration Station 3:00 Viewer's Choice Movie
<b>7</b> 9:00 Contemplation: Spiritual Poetry 9:30 Magnetic Rocket Toss 11:00 St. Ephrem's Communion Service 1:00 Spiritual Sing a Long 1:30 Sports Trivia 3:00 Calming Coloring 3:30 Sunday Cinema 4:00 Football & Fun: Eagles vs. Vikings	<b>8</b> <b>Columbus Day</b> 9:30 Exercise: Monday Movement 10:00 Cranium Crunches 10:30 Pet Therapy with Molly 11:30 Red Hat Luncheon (A) 1:00 LS: Columbus Day Trivia 2:00 Aromatherapy & Hand Massages 3:00 Hydration Station	<b>9</b> 11:15 Exercise: Tuesday Trim Up 1:00 LS: Joke of the Day? 1:30 Fanciful Flower Arranging 3:00 Men's Club: Cross Country Trivia 4:00 Technology: TED Talks: Baseball 6:00 UNO	<b>10</b> 10:45 Bible Study: Pastor Mathew Philip (A) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Baking Bunch: Cookies 2:15 Methodist Church Service 3:00 Hydration Station 3:30 Music & Memory 6:00 Crazy 8 Cards	<b>11</b> 9:30 Exercise: Thursday Tone Up 10:00 Brain Builder 10:30 Guest Speaker: Special Olympics 1:30 Fun Fitness w/Shawn Hagney 2:00 LS: Greek Dancing 2:30 Greek Yogurt with Honey 3:00 Peace of Mind: Inspirational Poetry	<b>12</b> 9:30 Exercise: Friday Fitness Fun 10:00 LS: Bone & Joint Health 10:45 Shabbat Service 1:00 Food for the Soul: Poetry 1:30 Pinterest: Creative Coloring 2:00 LS: Quote of the Day 2:30 Music & Memory	<b>13</b> 9:30 Daily Chronicle 10:00 LS: Tech: Music Box w/Bella/Mill Creek Elementary Volunteer 10:30 LS: Bingo 1:00 Sentimental Sing a Long 1:30 Manicures for Men 3:00 Viewer's Choice Movie
<b>14</b> 9:00 Meditation: Peace of Mind 9:30 Bean Bag Toss 11:00 St. Ephrem's Communion Service 1:30 Hymns w/Nick Fratelli 2:30 Calming Coloring 3:00 Sunday Cinema: A League of Their Own	<b>15</b> 9:30 Exercise: Morning Movements 10:00 Brain Builder 10:30 Pet Therapy with Molly 1:00 Witty Word Game 2:00 Ice Cream Social 3:00 Hydration Station	<b>16</b> 11:15 Exercise: Tuesday Tone Up 1:00 Current Events 1:30 Fancy Flower Arranging 3:00 Music & Manicures 6:00 Parcheesi w/Pals	<b>17</b> 10:45 Bible Study: Pastor Tom Dingwall (A) 11:15 Exercise: Wednesday Warm Up 11:30 Pet Therapy: Yogi 1:00 Baking Bash: Cookies 1:00 Miracle Ear, Dr. Kyle (WELL) 3:00 Aromatherapy & Hand Massages 3:30 Music & Memory 6:00 Go Fish for Cards	<b>18</b> <b>Birth Day: Country Harvest Festival</b> 9:30 Exercise: Balloon Volleyball 10:00 Brain Boosters 10:30 Guest Speaker: Special Olympics 1:00 Miracle Ear, Dr. Kyle (WELL) 1:30 Fun Fitness w/Shawn Hagney 2:30 Boundless Love: Inspirational Poetry 3:30 Hydration Station	<b>19</b> 9:30 Exercise: Light & Lively 10:00 LS: Fact or Fiction? 10:45 Shabbat Service 1:00 Hope Renewed: Poetry 1:30 LS: Brazilian Music 2:00 Brazilian Banana Parfaits	<b>20</b> 9:30 Daily Chronicle 10:00 LS: Tech: Crazy Keys 10:30 LS: Bingo 1:00 Music & Memory 1:30 Cool Coloring: Owls 3:00 Viewer's Choice Movie
<b>21</b> 9:00 Contemplation: Daily Devotional 9:30 Ring Toss 11:00 St. Ephrem's Communion Service 1:00 Football & Fun: Eagles vs. Panthers 2:30 Calming Coloring 3:00 Sunday Cinema: Sandlot	<b>22</b> 9:30 Exercise: Monday in Motion 10:00 Music & Memory 10:30 Pet Therapy with Molly 11:30 Resident Council & Food Committee: Soups 1:00 Whimsical Word Game 2:00 LS: Dancing in Belgium 2:30 Belgian Waffles 3:00 Cranium Crunches	<b>23</b> <b>World Series</b> 11:15 Exercise: Tuesday Trim Up 1:00 Brain Builder 1:30 Fascinating Flower Arranging 3:00 Men's Club: World Series Trivia 4:00 Pep Rally 6:00 Perquackey Dice Game	<b>24</b> 10:45 Bible Study: Chaplain Howard Brooks (A) 11:15 Exercise: Wednesday Wake Up 11:30 Pet Therapy: Yogi 1:00 Villagers Program: w/Marilyn Guzman 2:00 Sweet Treats: Baking Cookies 3:00 Hydration Station 3:30 Aromatherapy & Hand Massages 6:00 500 Rummy	<b>25</b> 9:30 Exercise: Ball Toss 10:00 Guest Speaker: Olympics 10:30 Pinterest: Pumpkin Painting 1:00 Words of Blessing: Poetry 1:30 Therapeutic Musician w/Dann Pell 2:30 News & Views 3:00 Juniper Spirit Awards Celebrations (A)	<b>26</b> <b>Breast Cancer Awareness Day</b> 9:30 Exercise: Sit & Get Fit 10:00 Pink Day: Breast Cancer Awareness 10:30 LS: Tips for Prevention: Breast Cancer 1:00 LS: Peddler's Village Scarecrow Fest, Lahaska, Pa 1:30 Apple Cider Donuts 2:00 Brain Boosters 2:30 Music & Memory	<b>27</b> 9:30 Current Events 10:00 LS: Tech: Painter's Palette 10:30 Manicures for Men 1:00 Creative Coloring 1:30 Food for the Soul: Poetry 2:00 Hydration Station 3:00 Viewer's Choice Movie
<b>28</b> 9:00 Reflection: Restore My Soul 9:30 Football & Fun: Eagles vs. Jaguars 11:00 St. Ephrem's Communion Service 1:30 Hymns w/Nick Fratelli 2:30 Basketball Toss 3:00 Sunday Cinema: The Cutting Edge	<b>29</b> 9:30 Exercise: Monday Movements 10:00 Brain Builder 10:30 Pet Therapy with Molly 1:00 Organic Dog Treats w/Volunteer 2:00 LS: Bingo 3:00 Aromatherapy & Hand Massages	<b>30</b> 11:15 Exercise: Stretch & Flex 1:00 News & Views 1:30 Formal Flower Arranging 3:00 Cheerleading Lessons 3:30 Music & Memory 6:00 LS: Spin & Solve	<b>31</b> <b>Halloween</b> 10:45 Bible Study: Pastor Mathew Philip (A) 11:15 Exercise: Sit & Get Fit 11:30 Pet Therapy: Yogi 1:00 Baking: Halloween Cookies 2:00 Halloween Spooktacular 6:00 Wheel of Fortune			<p><b>Quote of the Month</b></p> <p>Football is football and talent is talent. But the mindset of your team makes all the difference.</p> <p>- Robert Griffin III</p>