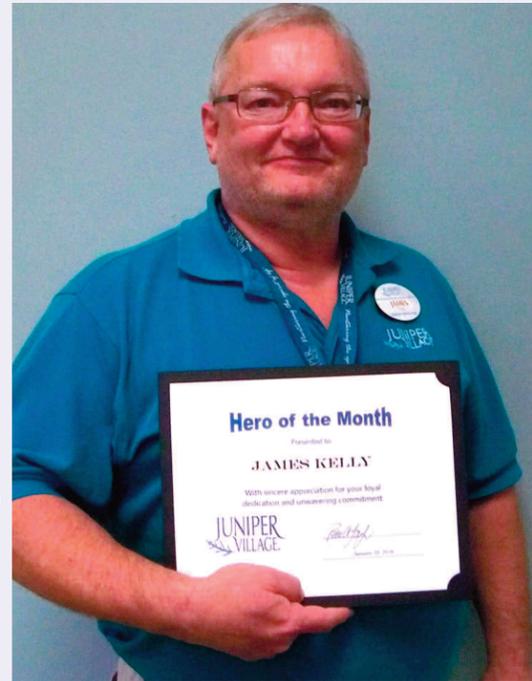


Hero of the Month

Jim Kelly, Chauffer in the Transportation Department at Juniper Village at Bucks County, was nominated for and presented as Hero of the Month, December 2017. He went beyond the call of duty during a recent snowstorm by chauffeuring Juniper staff to work to ensure the resident needs were being met. At the resident Holiday Party, Jim shared his jolly laughter as Santa Claus. His wife Joanne, dressed as an elf, helped spread joy while she passed out Jim's homemade cookies.

Jim retired from the Philadelphia Gas Works after 32 years and chose to reside in Bensalem, PA. He has 2 daughters, 2 sons, and 6 grandchildren who call him Pop-Pop. Jim and Joanne love to take adventure vacations to Nashville, TN, Branson, MI, and, a most recent discovery, Tavares, FL.

Jim's favorite holiday is Halloween. He keeps his creative side flowing all year while brewing new ideas. He has already started planning his theme for 2018: Haunted Vortex Tunnel in the woods, followed by ghostly story-telling by the campfire at the end of the path to keep the spirits close by. His oasis is his back yard where he feeds the deer and a friendly red fox. Blackie, a feral 3 legged cat who is his buddy, visits him daily to check in, while his cat Patches enjoys watching out the window. Thank you Jim for offering your personal best!



A LIFE PLAN COMMUNITY
AT BUCKS COUNTY

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Check out our Blogspot at: <http://www.junipercommunities.com/voices-on-aging/>

MARCH 2018 THE VILLAGE VIEW



Branching Out

A monthly contribution from our founder Lynne Katzmann

They say variety is the spice of life. I agree.

My son loves good food; I may not call him a foodie but he certainly is closer to that appellation than I! Because of a great street food tour we took in Istanbul a couple of years ago, we try to book something similar everywhere we go. Giving you a chance to eat like a local a street food tour typically allows at least five delicious stops and the variety and amount of food is nearly overwhelming!



On our first night in Hanoi we did a street food tour. We quickly learned that pork rules, beef and chicken are in abundance and seafood, particularly snails and other types of fish and crustaceans that can be caught locally are the base of a northern Vietnamese diet. But with those staples they add a luscious mixture of greens including herbs-mint and cilantro mostly. Chile and lime, and a bit of garlic add kick to so many of the dishes.

In Japan, we happened on a group of restaurants in the small town of Narita that specialized in all things eel. In fact, we had the chance to see the chefs at work, literally killing, cleaning and readying the eel for the grill. We ordered nearly everything on the menu. It was fresh (clearly) and good. The taste and textures however were constrained. One doesn't build a meal only from fresh ingredients; the chef builds it carefully and presents it beautifully and clearly carefully constructed. It's a pleasure to look at and the tastes are clear and defined.

Surely it is difficult to make a conclusion from a single day in Japan and about ten in Vietnam but the differences in these two countries is striking and is too evidenced in their food. Coming from noisy vibrant Hanoi to orderly, clean Japan allowed me to really contrast the cultures and also to make me think about how I felt being in two distinctly different cultures. What felt better? In terms of food at least, my aging pallet loved the variety and the vibrant fresh taste of Vietnam. My heart figuratively pounded. Japan's food is incredible but it is more a feast for the eyes and mind.

Lynne Katzmann

Your Treasure is Within

When you mention treasure, the image in each person's mind can be quite different. Initially one may visualize a wooden chest filled with gold and jewels. But at Juniper, we see YOU. Each and every one of us has a treasure within. During March we aim to find your hidden gems by bringing you out of your shell, sharing joy and happiness in a dramatic fashion. As Prem Rawat recounts "Happiness is your own treasure because it lies within you."

During this final month of our Alive in All Seasons quarterly focus on creativity we shed the spotlight on performance. In addition to reawakening the happiness within us, dramatic performance offers the additional benefits of boosting our self-confidence, enhancing our creativity, improving our communication skills and increasing our memory!

Along those lines we introduce a new program Broadway Seniors to some of our communities, in others we will continue our drama clubs with renewed vigor. We will also learn more about performance art through our experiential Graffiti Art Experience and additional performance art presentations. Join us this month as we celebrate Youth Art Month with intergenerational art programming. Experience the magic that is live theater on an outing to a local theatrical performance. Lastly, plan to attend our March Connect4Life presentation on Diabetes.

This Month at Bucks County

MARCH 5TH AT 10:30 AM
PET THERAPY WITH MOLLY

MARCH 19TH AT 1:00 PM
MATT CADABRA VENTRILOQUIST & MAGICIAN

MARCH 31ST AT 1:30 PM
TREASURES OF NATURE WITH GLORIA
HOFFNER

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