

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	2	3	4	5	6	7		
10:00 Tai Chi (2TV/3DR) 11:00 Bible Study (3DR) 2:00 Grace Between Us (2TV) 3:00 Refresh with Ocean Waves and Gentle Movement (2TV) 4:00 Finish The Phrase (2TV)	10:00 Chair Zumba (2TV/3DR) 10:30 Rt 66 Walking Club (I) 11:00 Spelling Bee (2TV) 2:00 Sensory (I) Game Room (I) 2:00 S'mores on the Patio w Independence Day Trivia (REC Patio) 6:30 Brain Fitness: Puzzles (2N/3N)	10:00 Relaxation Circle (2TV/3DR) 10:30 Match Game (2TV) 2:00 Sensory (I) Game Room (I) 2:00 The Silver Screen (2TV) 2:30 LS: 10 Greatest Inventions of All Times (W) 3:30 Timeslips - Build a Story (2TV) 6:30 Sensory groups (2N/3N)	10:00 Chair Yoga (2TV/3DR) 10:30 Independence Day Documentary (2TV) 11:30 Discussion Group (2TV) 2:00 Patriotic Sing A Long (2TV) 3:00 Word Search Puzzles (W) 6:30 Gentle Stretch (2N/3N)	10:00 Chris's Piano Music (2TV) 10:30 Our Lady of Victory Visits (I) 11:00 Cooking Creations: No Bake Oatmeal Cookies (REC) 2:00 Sensory (I) Game Room (I) 2:00 Best Friends: Mountain Pies on the Patio (2DRpatio) 6:30 Relaxation Circle (2N/3N)	10:00 Morning Meditation (2TV/3DR) 10:30 The Modern Kitchen: Air Fryer (REC) 2:00 Sensory (I) Game Room (I) 2:00 Tending the Garden (I) 3:00 Travel Slideshow with Jim Steamer (IFDR) 4:00 Card Games (I) 6:30 Reading Nook: Readers Digest (2N/3N)	10:00 Parachute Palooza (2TV/3DR) 10:30 Local News (2TV) 11:00 iPad Fundamentals-Games (2TV) 2:00 Sensory Group (2N or 3N) 3:00 Pinterest Fun (2TV)		
8 10:00 Relaxation Circle (2TV/3DR) 11:00 Fellowship with Maxine (2TV) 2:00 Church Service with Pastor Ron Miller (2TV) 3:00 Refresh to Classical Music and Soothing Massage (2TV) 4:00 Shout it Out (2TV)	9 10:00 Dancercise (2TV/3DR) 11:00 Sing A Long with Elizabeth Webb (2TV) 2:00 Red Hats: The M&M Prayer (2End) 2:00 Sensory (I) Game Room (I) 3:00 Fire Pit Bananas and PAWS visit (2DRpatio) 6:30 Brain Fitness: Riddles (2TV)	10 10:00 Relaxation Circle (2TV/3DR) 10:30 Hymn Sing with Pastor Dave Hersh (2TV) 2:00 Sensory (I) Game Room (I) 2:00 Resident Council (2TV) 2:30 Food Committee (2TV) 3:00 LS: 10 Inventions that Changed the World (W) 6:30 Sensory Groups (2N/3N)	11 10:00 Morning Warm Up (2TV/3DR) 10:30 Fancy Hands Manicures (2TV) 10:30 On the Road with Starbucks (I) 2:00 Sensory (I) Game Room (I) 2:00 Picture Bingo (3DR) 2:30 Judy Sherwood (2TV) 3:30 Berkey Creamery Documentary and Ice Cream Sundaes (W) 6:30 Crosswords (2N/3N)	12 10:00 Chris's Piano Music (2TV) 10:30 Our Lady of Victory Visits (I) 11:00 Art Therapy: Tie Dye Hats (REC) 2:00 The Silver Screen (2TV) 2:00 Sensory (I) Game Room (I) 6:30 A to Z Trivia (2N/3N)	13 10:00 Morning Meditation (2TV/3DR) 11:00 Men's Group: Computer Inventions that Changed the World (W) 2:00 Sensory (I) Game Room (I) 2:30 KJ Wagner Performance (2TV) 3:30 Ambassador Meeting: Treats for a Cause (W) 3:00 Guest Speaker Dr. Frero (Inn) 6:30 Reading Nook: Readers Digest (2N/3N)	14 10:00 Tossing and Turning (2TV/3DR) 10:30 World News (2TV) 11:00 iPad Fundamentals-Apps and Facetime (2TV) 2:00 Sensory Group (2N or 3N) 3:00 iPad Fun: Art (2TV)		
15 10:00 Tai Chi (2TV/3DR) 11:00 Spiritual Readings(2TV) 2:00 Hymn Sing (2TV) 3:00 Refresh with the Sounds of Nature (2TV) 4:00 What's Missing? (2TV)	16 10:00 Ribbon Dancing (2TV/3DR) 10:30 Rt 66 Walking Club (I) 11:00 What Did You See? (2TV) 2:00 Sensory (I) Game Room (I) 2:00 Bingo (3DR) 3:00 Villagers Social (REC) 6:30 Brain Fitness: Board Games (2TV)	17 10:00 Relaxation Circle (2TV/3DR) 11:00 Word Pairs (2TV) 2:00 Sensory (I) Game Room (I) 2:30 KJ Wagner Performance (2DR) 6:30 Sensory Groups (2N/3N)	18 10:00 Musical Scarves (2TV/3DR) 10:30 Fancy Hands Manicures (2TV) 10:30 Shopping Trip (I) 2:00 The Silver Screen (2TV) 2:00 Sensory (I) Game Room (I) 3:00 Linked Senior: magazine (2TV) 6:30 Build A Word (2N/3N)	19 10:00 Chris's Piano Music (2TV) 10:30 Our Lady of Victory Visits (I) 11:00 Cooking Creations: Pizza Fritas (REC) 2:00 Sensory (I) Game Room (I) 3:30 Happy Hour with Tommy Wareham (2DR) 6:30 College 9 Theater trip (I)	20 10:00 Morning Meditation (2TV/3DR) 10:30 Acrylic Painting: Summer Breeze (REC) 2:00 Tending the Garden (I) 2:00 Sensory (I) Game Room (I) 3:00 Ambassadors: Cards for a Cause (2End) 6:30 Reading Nook: Readers Digest (2N/3N)	21 10:00 Work It (2TV/3DR) 10:30 Environmental News (2TV) 11:00 iPad Fundamentals-Camera (2TV) 2:00 Sensory Group (2N or 3N) 3:00 iPad Fun: Music (2TV)		
22 10:00 Tai Chi (2TV/3DR) 11:00 Daily Devotional (3DR) 2:00 Short Stories of Kindness (2TV) 3:00 Refresh with Hand Massage and Relaxation DVD (2TV) 4:00 Kitchen Gadgets (2TV)	23 10:00 Stretch with Me (2TV/3TV) 10:30 Rt 66 Walking Club (I) 11:00 Summer Coloring Pages (2TV) 2:30 Monthly Birthday Bash with John Thompson (2DR) 4:00 Ice Breakers (2TV) 6:30 Brain Fitness: Take one Away (2TV)	24 10:00 Relaxation Circle (2TV/3DR) 10:30 Art Therapy: Butterfly Jars (REC) 2:00 Sensory (I) Game Room (I) 2:00 The Silver Screen (2TV) 2:30 LS: Documentary - Invention of the Helicopter (W) 4:00 Dominoes (W) 6:30 Sensory Groups (2N/3N)	25 10:00 Upper Body Fitness (2TV/3DR) 10:30 Fancy Hands Manicures (2TV) 11:00 On the Road with McD's Shakes (I) 2:00 Sensory (I) Game Room (I) 2:00 Bingo (3DR) 3:00 Linked Senior: Slideshow (2TV) 6:30 Remove One (2N/3N)	26 10:00 Chris's Piano Music (2TV) 10:30 Our Lady of Victory Visits (I) 11:30 A Day at the Lake: UV Safety Awareness (2DRpatio) 2:00 Sensory (I) Game Room (I) 2:00 remember When? (2TV) 3:00 Music Circle (2TV) 6:30 Famous Fables (2N/3N)	27 10:00 Morning Meditation (2TV/3DR) 11:00 Men's Group: Lunch Out (I) 2:00 Tending the Garden (I) 2:00 Sensory (I) Game Room (I) 2:30 Ambassador Meeting: Cards for a Cause (2TV) 3:00 Dance Therapy with Sue Lembeck (2TV) 6:30 Reading Nook: Readers Digest (2N/3N)	28 10:00 Morning Warm Up (2TV/3DR) 10:30 Inspirational News (2TV) 11:00 iPad Fundamentals-STEM (2TV) 2:00 Sensory Group (2N or 3N) 3:00 iPad Fun: Games (2TV)		
29 10:00 Tai Chi (2TV/3DR) 11:00 Chicken Soup for the Soul (2TV) 2:00 Sing A Long (2TV) 3:00 Refresh with Gentle Stretch (2TV) 4:00 Fill in the Blank (2TV)	30 10:00 Stretch to Jazz (2TV/3W) 10:30 Rt 66 Walking Club (I) 11:00 20 Questions (2TV) 2:00 Technology: How to Build a Cookbook (Conf) 2:00 Sensory (I) Game Room (I) 3:30 Word Searches (2TV) 6:30 Brain Fitness: Trivia Time (2TV)	31 10:00 Relaxation Circle (2TV/3DR) 11:00 Telephones Then and Now (2TV) 2:00 The Silver Screen (2TV) 2:00 Sensory (I) Game Room (I) 2:30 LS: What is Technology (W) 4:00 Card Games (W) 6:30 Sensory Groups (2N/3N)	Room Location Codes 1Patio 1st floor patio outside Recreation Room REC 1st floor Connections Recreation Room CH 1st floor Chapel I Individual Therapies 2DR/3DR 2nd/3rd floor dining rooms MNR 2nd floor Mount Nittany Room 2TV 2nd floor front TV room 2SP 2nd floor Screened Porch off Dining Room 2N/3N 2nd/3rd floor sensory Nook 3E 3rd floor End Room W 3rd floor Willow Room Social Corner (I) Mon-Fri, 2:00-4:00pm, 3rd floor Willow Room Sensory Group (I) Mon-Fri, 2:00-4:00pm, MNR					

Quote of the Month

To realize that everything in the universe is connected is to both accept our insignificance and understand our importance in it.

-Jeffrey Fry

*All musical features are provided for therapeutic purposes only to support memory and cognitive functioning.