

National Arts Month

February is a time to celebrate the Arts here at Juniper. With the Super Bowl halftime show, The Grammy's, and The Oscars, it's hard to not think of the Arts. Juniper Village at Brookline Senior Living is no different and took this month to highlight their own artists within their community as well as local Centre County guest artists. Juniper Village will host its 4th Annual Art & Wine walk on February 13th at 6:00 pm featuring many pieces of resident artwork of various media. Such displays include watercolor and oils on canvas, and natural materials. Residents, families, and community members are invited to casually stroll through the warmth of the community while delighting in tasty treats and sipping on local wines. Many featured artists will be present during the evening. In addition to resident and local featured artists, this year the month-long gallery will exhibit student artwork from Mt. Nittany Middle School's art classes for the first time. Juniper Village at Brookline Senior Living offers a variety of activities tailored to the arts all year long including painting classes, music appreciation, and craftwork. This event will be the first of three being offered at Juniper Village at Brookline this month with the other two taking place at Juniper Village at Brookline Rehabilitation and Skilled Care and Juniper Village at Brookline Wellspring. Don't forget to check out the visiting local artists in the All Season Gallery at the Inn sponsored by the Centre County Art Alliance. Also be sure to check out the beginner's watercolor painting class with local artist and instructor, Fran Jones, on Tuesday throughout the year.



SENIOR LIVING AT BROOKLINE

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Check out our Blogspot at: <http://www.junipercommunities.com/voices-on-aging/>

FEBRUARY 2018 THE VILLAGE VIEW



Branching Out

A monthly contribution from our founder Lynne Katzmann

**Passion, purpose, perseverance....
it applies the world over**

I visited Vietnam because as a child, I was disturbed by the war the Vietnamese call the American War. I was afraid of the killing and maiming I saw on television but I was also confused. Why were we here, fighting against a people seeking their freedom to live and run their country the way they see fit? After all, didn't we do the same?

Hoa, the young man whose father and grandfather lived for years in the Cu Chi tunnels just 60km from what was then Saigon, was our guide to the village of Cu Chi and its large tunnel complex. Cu Chi is a shining example of what a rag tag group of patriots does without the money to wage war against a superpower. It demonstrates the ingenuity and resourcefulness of people with passion, purpose and perseverance. The hand hewn tunnels themselves are an underground village. They have no architect and no one person knows the way around the whole complex. Entrances to the tunnels are well disguised and with as many as five or six within a short distance. Nothing could destroy them, not the napalm which destroyed the vegetation, or the rain of bombs or smoke. What's more, the whole family was involved—fathers, mothers and children. The effort would not have succeeded as it did without the mothers and children who continued to farm the land to feed them all.

Were our American forefathers much different? They were renegades in their passionate beliefs, in their single purpose and they persevered in their fighting resolve to win their freedom.

During a recent presentation on our Juniper culture, I again spoke about our watchwords, passion, purpose and perseverance. We are a small and scrappy company, motivated by a passion to make the world a better place and willing to persevere to nurture the spirit of life—to work diligently to improve the quality of life in all seasons. We too use our ingenuity and work with relatively little but remain committed to a vision we believe in and are willing to fight for!

But do not let me romanticize war. I cannot condone the destruction of body, mind and spirit war causes regardless of the cause. Maybe—just maybe—the fact that people the world over seem to have passion for freedom, to live their best life may mean that peace among us is possible.

Awaken Your Passion

In this second month of our Alive in All Seasons creativity quarter we set our sights on Art. With brush in hand we embark on an exploration of creative expression in the form of art. Join us throughout the month as we become aware of the art in our everyday surroundings. From the intricate patterns of snowflakes on our windows to the flourishes of color in the paintings that fill our community; we make note of the art that surrounds us each day.

In February we begin experiential art projects culminating in a resident art show later in the month. Join us as we experience art through art history and visiting artists from the greater community. Share our passion for art on an out trip to a local art museum. Learn more about the benefits of art with an art therapist. Combine technology with art while learning more about creating original works of art through software or VR. And don't forget to join us for this month's Connect4Life focus on Heart Health. We will all be wearing red as we Go Red for Women in support of the American Heart Association on Friday, February 2. Join us as we raise funds in support of the AHA's educational programs to increase women's awareness and critical research to discover scientific knowledge about cardiovascular health.

This Month at The Inn

**FEBRUARY 6 AT 5:30 PM
HEART HEALTHY DINNER & DISCUSSION WITH
REDWOOD PHYSICIAN GROUP**

**FEBRUARY 13 AT 6:00 PM
SENIOR LIVING ART & WINE WALK**

**FEBRUARY 27 AT 6:00 PM
MUSIC WITH KJ WAGNER**

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